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GROSSE POINTE MAGAZINE

GROSSE POINTE NORTH HOCKEY

Building camaraderie
with locker room renovation

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through Grosse Pointe Park bookshop

YOUR OLD MANSION

Grosse Pointe Artists Association
hosts lectures and workshop

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INSIDE



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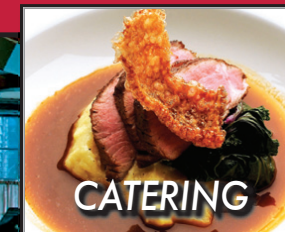
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On the cover



Cover art by resident artist **Dominic Pangborn**, of Grosse Pointe Shores, was inspired by the old, wrought-iron gates at Beverly Road and Lake Shore Drive.

Where in the Pointes?



Where in the Pointes is this object? On Monday, Jan. 27, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win a gift card to Champ's Rotisserie & Seafood. Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue: Do, by hair co.)

To find us on Facebook, search "Grosse Pointe Magazine"

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John Minnis
Publisher

POINTE MAGAZINE



Lauren McGregor
Editor

Happy New Year!

Happy New Year! Another decade is over and a new one begins. I know, the decade doesn't truly start until 2021, but for everyday conversation, we start with 2020. I have one thing to say, I'm glad the "Teens" are over! I'm looking forward to the Roaring Twenties — 21st century style.

This promises to be an exciting year for us. With the upcoming May-June issue, we will be celebrating our 10th anniversary. My, how time flies. I remember well that Easter weekend 10 years ago getting ready to go to press with Vol. 1, No. 1 of "Pointe Magazine." Only problem was, we received on Good Friday a cease-and-desist letter from an attorney with an office on the Avenue of the Americas (Sixth Avenue) in New York City saying his client's publication was already registered as "Pointe Magazine."

Of course, try reaching an intellectual property attorney over Easter weekend. It wasn't until Monday that our attorney, Steve Johnston, put us in touch with an IP attorney, Doug Sprinkle. When I began telling him what the Avenue of the Americas attorney was saying and claiming, Mr. Sprinkle snapped back, "I don't care what he says."

Sure enough, he was right. He found that while "Pointe Magazine" had indeed been registered, it was registered as a "dance magazine"; whereas ours is a geographical reference. Mr. Sprinkle coached me on what to say in a letter to the Avenue of the Americas attorney. We never got a response from the Avenue of the Americas, so I'd say Mr. Sprinkle's advice was sound.

We did make some compromises, even though we didn't have to. We changed the magazine name to "Grosse Pointe Magazine" and went with the longer email address as well.

Interestingly, our good friend and fellow publisher Lori Johnson offered to let us use the name of her then defunct publication, "The Pointer." We declined, not wanting to cause brand confusion with the former newspaper by that name.

But the last laugh was Lori's since quite on their own readers have taken upon themselves to call us "The Pointer."

More on the launch of Pointe Magazine next time, but in the meantime, be sure to patronize our many loyal advertisers and businesses without whom this magazine would not have been possible. Remember, there is only one "Pointe Magazine" that goes to every home in the Pointes! ☺

John

Hello, 2020! A new decade and so much to look forward to.

In the New Year, I reflect on the year that has passed, its highs and lows, places I improved and aspects in which I haven't. For example, in 2019, I set a resolution to read roughly one book per week. I fell woefully shy at 28 books completed.

This year, I suspect that number won't increase. While others are setting a bevy of goals to match the weight of a new decade, I have a singular resolution in mind: Offer myself grace as our family navigates a very new terrain.

We will be welcoming our second child in early 2020. My 'new decade, new me' hopes include transitioning our son to role of sibling as smoothly as possible and keeping our daughter as well fed, snuggled and content as a newborn can be. Lofty, and fitting for 2020.

For others, health related resolutions seem to be most popular — weight loss, strength training, healthier eating. Likewise, we feature wellness stories in every January-February issue. This one is special though. For the first time, we have included tips on mental wellness during the coldest, and sometimes most isolating, time of year.

On page 80, Amy Lawrence-Skwiers stresses the importance of setting intentions rather than goals, with progress and not the end result in mind. It's something I will try to remember as I adjust to becoming a mother of two.

On a professional note, the upcoming year is especially exciting for us at *Grosse Pointe Magazine*. This spring marks our 10th anniversary! We're looking forward to celebrating in a number of ways. To start, expect a series of special features in the anniversary issue, May-June 2020.

It's been a joy sharing uplifting stories of Pointers these past 10 years, and we look forward to doing so in the next decade.

Here's to a year of hope, wellness, anniversaries and new life! ☺

Lauren



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Meet Adalee



Name: **Adalee Philbrick** Parents: **Andrew & Brittany Philbrick**

Birthdate: **February 15, 2019** Siblings: **Mason, 7** City: **Grosse Pointe**

Favorite activity: **Loves taking baths or playing in the pool** First word: **Da-da**

Cute fact: **No one makes her laugh harder than her big brother Mason.**

About Adalee

in Mommy and Daddy's words

Adalee is our magical rainbow baby! She is the happiest baby ever and rarely ever cries. She has a smile that lights up a room and you can't help but smile back. She loves making new friends, whether it's people or animals. She's always on the move and looking for new and exciting things to discover. Adalee brings so much joy to our lives and we are thankful each day for her.

Meet Rocco

Name: **Rocco Deschaine** Age: **8** City: **Grosse Pointe Park**

Parents: **Gabrielle & Chris Deschaine** School: **Maire Elementary**

Siblings: **Dante, 16, and Immaculee, 12**

Favorites

Game: **Musical chairs** Outdoor Activity: **Baseball** Food: **Pasta** School Subject: **Math**

Vacation: **Cruise to Belize, Honduras and Mexico** Book: ***I Survived the San Francisco Earthquake***

What is your favorite thing about going to school?: **Playing soccer at recess** What do you want to be when you grow up?: **Professional baseball player**

What is your favorite thing to do with your family?: **Cuddling with our two dogs and cat!** Who is your hero and why?: **Babe Ruth because he is one of the greatest baseball players to ever live!**

About Rocco

"My family has two dogs. Tiffany is an 8-year-old Shih Tzu/Jack Russell Terrier and Buffy is a 5-year-old Shih Tzu. Our newest pet is Gnocchi, an 8-month-old Calico kitty. My favorite LEGO sets are Hogwarts Castle and the Taj Mahal! My favorite holiday is Christmas and I have a large nutcracker collection!"



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Meet Darshana



Name Darshana Subramaniam
Age 17
City Grosse Pointe Woods
School University Liggett School
Parents Chandrika Iyer and Balaji Subramaniam

Darshana's Favorites

Music Artist
Florida Georgia Line

TV Show
The Resident

School Subject
History

Movie
Forrest Gump

Actor/Actress
Chris Evans

Book
The Book of Unknown Americans
by Cristina Henríquez

Vacation
Amsterdam

Website
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Food
Ice cream

Extracurricular Activity
Figure skating and Grosse Pointe Historical Society Board

Teacher
Mr. Hellebuyck, Mr. Hemler, Ms. Harris, Ms. Galea

About Darshana

"I am a senior at University Liggett School where I get to talk about my favorite subject: history. When I am not figure skating or studying, I enjoy working on the board of Grosse Pointe Historical Society and spending time with friends and family."

Darshana has one sibling, Anushri, 20. Aside from history and figure skating, she enjoys playing tennis, traveling and learning about new cultures.

What song have you downloaded that would surprise people?

"Be Alright" by Dean Lewis

What unique skill do you possess and what skill would you like to learn?

I would love to learn how to paint. I am good at problem solving.

If you could have three wishes granted, what would they be?

Travel the world; speak/understand any language; cook anything I want

What did you want to be as a child and what do you want to be now?

As a child I wanted to follow in my mom's footsteps and become a doctor, but now I would like to become a human rights lawyer.

Where do you see yourself in five years?

Finishing my undergraduate degree in political science, about to enter law school.

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ST. PAUL ON THE LAKE CATHOLIC SCHOOL 2020 AUCTION AT GROSSE POINTE YACHT CLUB

By Lauren McGregor

St. Paul on the Lake Catholic School will be “Building Faith in Our Future” at its 34th annual fundraising auction on Saturday, Feb. 1 at the Grosse Pointe Yacht Club.

The evening gala features dinner, an open bar, custom cocktails, raffles and silent and live auctions of donated items.

Auction chair Maureen Conway Hanawalt emphasizes the importance of the event to St. Paul:

“It’s an important piece of our curriculum. Proceeds provide the foundation for the school’s technology upgrades, textbooks and enrichment experiences, like field trips, theater productions and more. It is a critical part of the school budget.”

Conway Hanawalt is a St. Paul alumna herself and currently has two children attending the school (her third child is not yet school age).

“We are especially excited to announce this year’s emcee, Ryan Ermanni (Fox 2 News broadcaster and member of the St. Paul community),” says Conway Hanawalt.

Several local businesses and organizations contribute to the auction. Last year, raffle and auction highlights included a Vespa Primavera 50 motor scooter; a two-year lease for a Cadillac XT4 crossover SUV; gift cards for local restaurants; a croquet party at Edsel and Eleanor Ford House and more.

This year, some of the confirmed items include a weekend in San Francisco; private adult learn-to-sail lessons; private tours around Detroit by Detroit Bruce (who heads tourism for Dan Gilbert and often offers tours to athletes, investors, etc.); and Edmund t.

The auction is the pinnacle of the annual fundraising efforts. The campaign kicked off in the fall with an appeal for direct donations, followed by an online auction.

Organizers expect a sellout crowd. Tickets are \$100 each and available by



AHEE fine jewelry.

The “2020 Auction Car Raffle” offers the chance to win a two-year lease on a 2020 Cadillac XT6, thanks to Jim Riehl’s.

“It’s parked outside the school,” says Conway Hanawalt. “If anyone would like to see it. We are so grateful to Jim Riehl.” The winner of the raffle will be drawn the evening of the gala, but need not be present. Only 300 raffle tickets are sold, at \$100 each.

calling the school at (313) 885-3430.

For more information, contact auction coordinators Nicole Wrobel or Jackie Luke at nwrobel@stpaulonthelake.org or chair Maureen Conway Hanawalt at maureen2461@gmail.com.

Conway Hanawalt adds that this is all made possible by the incredible families of St. Paul Catholic School. “It’s a great opportunity for parents to support the school.”

Photo by Lauren McGregor



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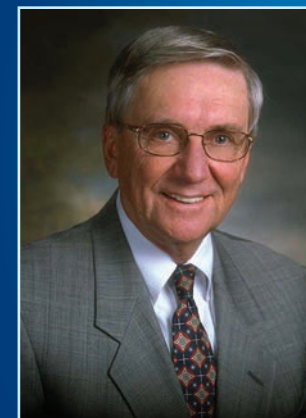


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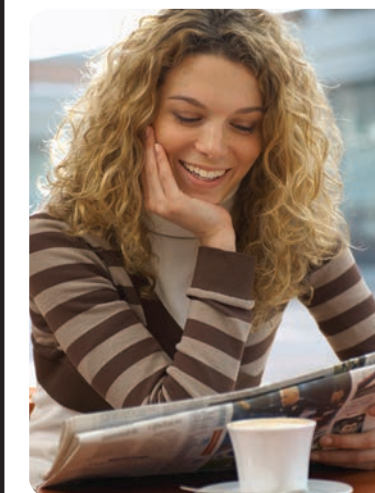
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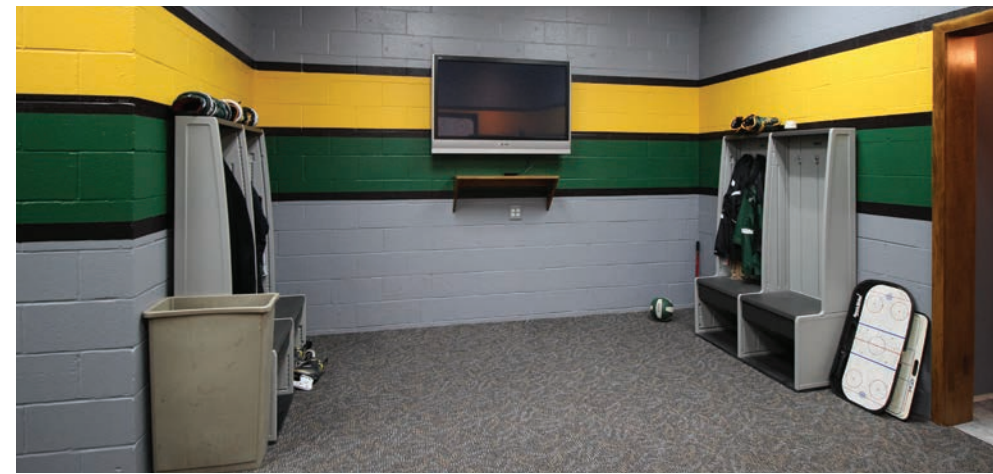
builds team locker room

By Susan Bollinger

In the legendary tale “Stone Soup,” everyone in a town comes together, offering what they have to make an amazing meal. For the Grosse Pointe North hockey team, their modern “Stone Soup” came to life

through a new locker room, constructed with contributions from every player on the team, their parents and the community.

“At the beginning of the season, our locker room at Fraser Hockeyland was



reassigned to another group,” says team parent Steve Burns. “The rink provided us with two smaller rooms, but they were in bad shape.”

Burns, together with co-manager Bill Asimakis, headed up a “dream team” of people who brought their talent, time and donations to completely gut and renovate the space in a few months.

“Bill really rallied the troops around this project. It would not have happened without him,” says Burns.

“We also couldn’t have done it without a contribution from the North High School Athletic Booster Club and individual donations, combined with countless volunteer hours and in-kind donations of equipment and supplies,” says Burns.


The volunteer construction crew raised the ceiling, took out the wall, updated and replaced the plumbing, electrical, heating and ventilation systems, installed new drywall, replaced all the bathroom fixtures including the showers, put in new lighting, laid fresh tile and painted. The only contracted work was ceiling installation and custom

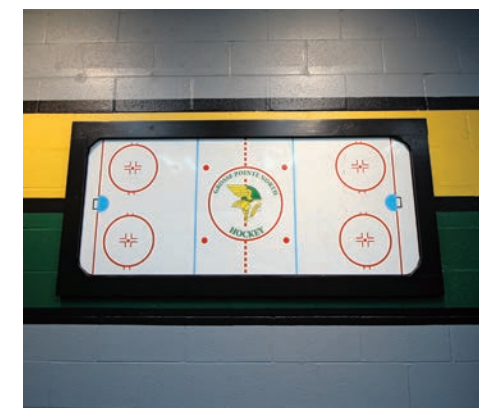
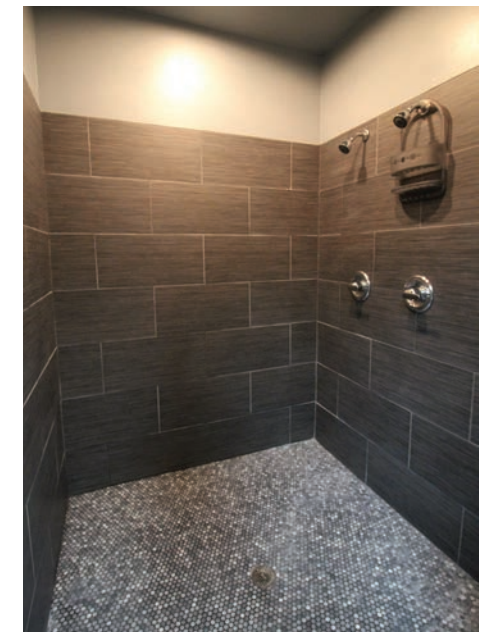
locker assembly.

With creativity, they kept costs to a minimum, buying an industrial overrun carpet from Craigslist and installing it themselves, and counting on players’ relatives and friends for skilled labor. The players also lent their muscle and learned a few skills. “Every time we asked the team to help, they were there,” says Burns.

Team captain and North senior Michael Burns says the new locker room is “awesome” and that building it together was “more than fun. We got to know each other better and it brought a new level of camaraderie to the team,” he says.

The project started in mid-September, and the team was able to use the space by their first game in November. Finishing touches were wrapped up in December, topped off with a mural of the iconic Norsemen Viking painted by North art student, Phoenix Archer.

“Having a nice locker room means a lot to these guys. One of the big motivating factors was seeing their excitement and creating a place for them to make memories,” says Burns. 



Opposite page, back row, from left, volunteers Phoenix Archer, head coach Rob Blom, Mark Hellwarth, Mike Cleland, Frank Lucido, Steve Burns, Bill Asimakis, Mary Ellen Burns, Shaun McCormick, Matthew Burns, coach Brent Maynard, Don Ritter, Dennis Wiess, Dave Holman and coach Mike Nahtygal; bottom, left to right, team members Connor Troost, RJ Cassar, Dylan Holman, Tim Cleland, Nick Asimakis, Michael Burns, Evan Berger, Ethan McCormick, Joey Lucido, Dominic Vitale, Will Weiss, Coy Catrett and Jason Michalski; not photographed, co-manager Patti Cleland, Brian Clogg, Connor Obermock and Tyler Richardson

Photos by Lauren McGregor

**Former principal
Patricia Stumb
and family**

Photo courtesy of
Our Lady Star
of the Sea
Catholic School



Star of the Sea gala celebrates school leader

By Joyce Wiswell

Preparations are in full swing for Our Lady Star of the Sea’s annual fundraising gala, set for Feb. 29 at the Country Club of Detroit in Grosse Pointe Farms.

This year’s theme is “The Derby – Place Your Bet on a Star” and the Kentucky Derby-inspired event has its own special star: Patricia Stumb, who was with the Catholic school for more than 40 years as a teacher and principal.

“Her love for Star and passion for Catholic education has impacted generations of Star students and families. To many, her name is synonymous with Star,” says Daniele Brousseau, this year’s auction chair. “Even though Mrs. Stumb retired several years ago, her indelible influence is evident in the classrooms today.”

Brousseau remembers meeting Stumb when she toured the school 18 years ago for her daughter, Elizabeth. She expects a larger-than-usual crowd of about 350 people at this year’s event, as many former Star students plan on returning to share memories and honor Stumb.

The evening includes a strolling dinner, raffles (with the chance to win up to \$10,000 and a year of dining at some of the area’s finest restaurants),



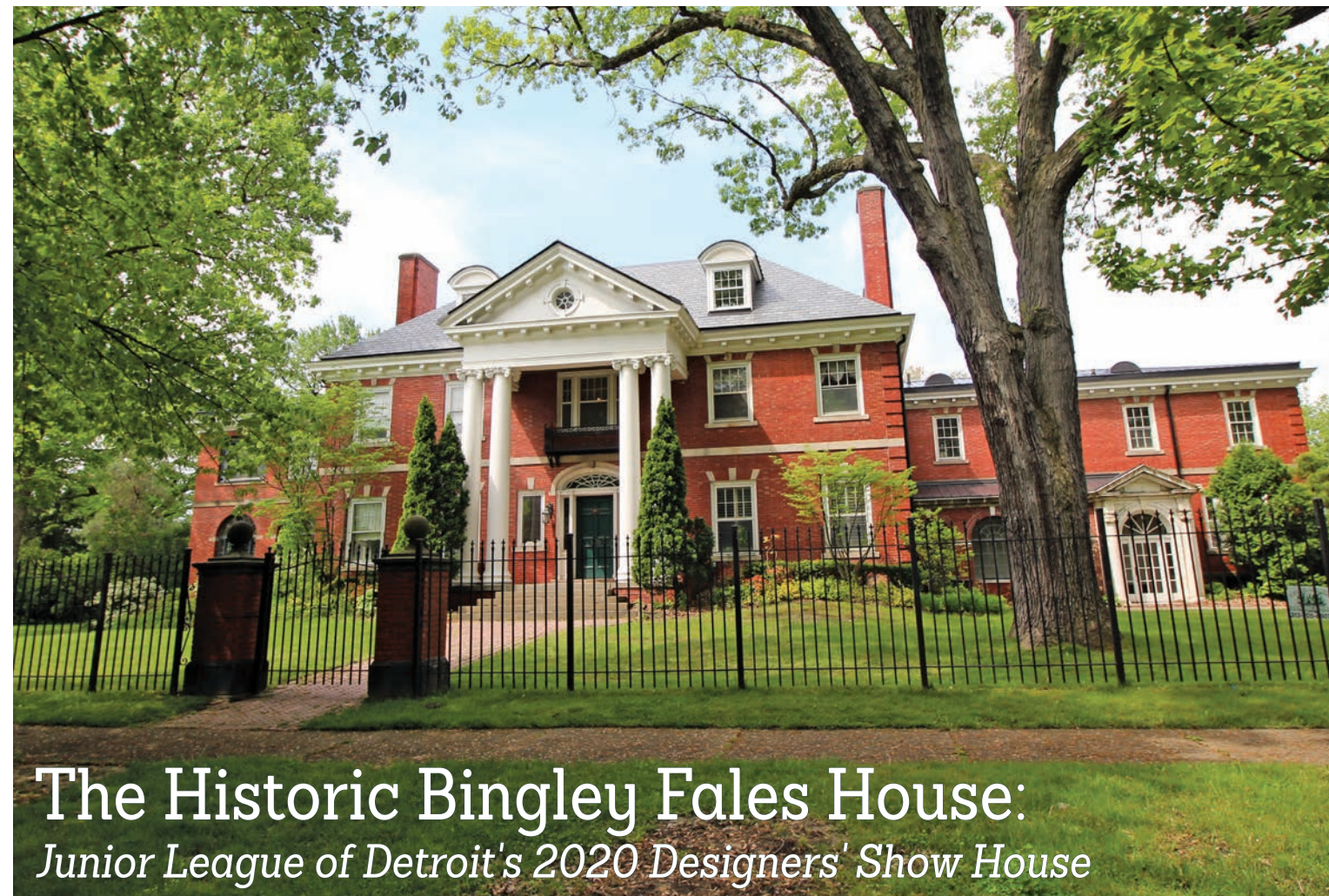
a silent auction and the popular live auction, which Brousseau says always inspires “competitive, fun bidding.” Some of the more tempting items include a three-day Kentucky Derby VIP package, fine jewelry pieces, Caribbean getaways and an in-home dinner for 10 prepared by a local chef.

As always, the event benefits educational opportunities at Star. Past auctions have funded an updated computer lab, a hands-on, student-focused nature center, and STEM and robotics curriculums.

Tickets are \$100 and can be purchased by calling (313) 423-9104 or visiting OLSOS-Auction.org. Auction 2020 sponsors include Falcon Dental Group, Fusion Integrated Training, RIM Custom Racks, Henry Ford Health System-Cottage & Pierson Clinic, Schena Roofing and Wesley Orthodontics.

**“ To many,
her name is
synonymous
with Star. ”**

Brousseau says she’s excited to pay tribute to Stumb as this year’s honorary chair. “She is an incredible woman and exemplifies the spirit of Star.”



The Historic Bingley Fales House: Junior League of Detroit's 2020 Designers' Show House

The Junior League of Detroit (JLD) announced its 2020 Designers’ Show House – the historic Bingley Fales House in Indian Village.

Located at 1771 Seminole Street, the home is recognized in The American Institute of Architects Guide to Detroit Architecture. This will be the Junior League of Detroit’s 23rd Designers’ Show House and second home located in Detroit proper.

Every other year, JLD hand-selects a prominent local estate and curates a phenomenal team of local and national interior designers to transform the home into a Designers’ Show House. League members Liana Dabir of Grosse Pointe Farms and Dianne Bostic Robinson and Anne Reese, both of Detroit, will serve as co-chairs of the 2020 Designers’ Show House.

“The Junior League of Detroit is

proud to continue our tradition of hosting the Designers’ Show House as our organization’s principal fundraiser,” says Aimee Argel, JLD president. “This much-anticipated event will support the League’s local philanthropic efforts, including our key community impact initiative ‘Project EAT’ which helps create a more food secure community by providing Education, Access and Tools to those in need.”

“The Bingley Fales House presents an amazing opportunity to work with renowned national sponsors and designers while honoring the role Detroit has played in America’s design history,” says Show House co-chair Liana Dabir.

The Bingley Fales House was designed and built in 1907 by Chittenden & Kottling for Bingley Fales, a lawyer and assistant general manager

of the Edison Illuminating Company. At 15,000 square feet, the home is the largest residence in the Indian Village neighborhood, boasting 10 bedrooms, five full bathrooms and two half baths. The home is set on two acres of land, which include formal gardens and a Pewabic tile reflecting pool.

Tickets go on sale Feb. 1 for the May and June 2020 showcase.

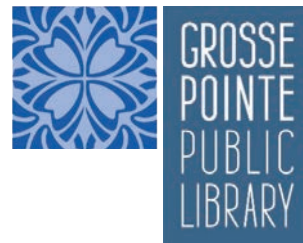
For more information about the Junior League of Detroit’s Designers’ Show House, visit JLDetroit.org.

The Junior League of Detroit is a dynamic group of women leaders who have been making change happen since 1914. For over 100 years, members have been striving to promote voluntarism, develop the potential of women and improve communities through the effective action and leadership of trained volunteers. Since 1914, the Junior League of Detroit has completed 53 major projects in and around the City of Detroit and awarded over \$250,000 dollars in community grants.

Photo by Lauren McGregor

Tickets on sale February 1!

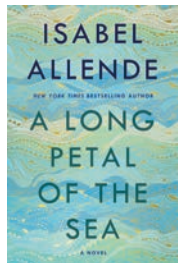
Peggy's Picks



By Peggy Kitchel

Assistant Director, Grosse Pointe Public Library

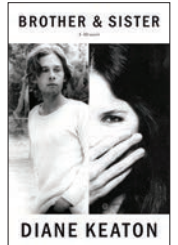
The Danish concept of hygge encourages us to be intentionally cozy in the wintertime. Here is our version. Pick up a book from your library. Grab a cup of tea and a warm blanket. Stay inside and read. Want to know more about hygge? Watch our video at www.grossepointelibrary.org.



A Long Petal of the Sea

By Isabel Allende
When General Franco overthrows Spain's government, thousands are forced to flee in a treacherous journey over the mountains

to the French border. Among them is Roser, a pregnant young widow, who finds her life intertwined with that of Victor Dalmau, the brother of her deceased love. In order to survive, the two must unite in a marriage neither of them desires. As unlikely partners, they embrace exile in Chile as Europe erupts in world war. Starting over on a new continent, their trials are just beginning.

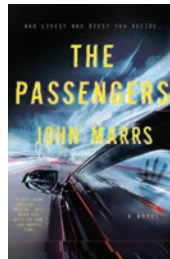


Brother & Sister

By Diane Keaton
When they were children in the suburbs of Los Angeles in the 1950s, Diane Keaton and her brother, Randy,

were best friends. As they grew up, Randy became troubled, then reclusive. By the time he reached adulthood, his life was a world away from his sister's, and from the rest

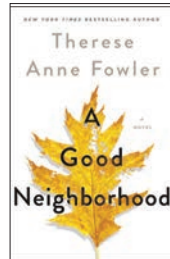
of their family. Diane scrutinizes the nuances of their shared pasts to examine the difficult question of why and how Randy ended up living his life on "the other side of normal."



The Passengers

By John Marrs
Eight people are trapped in self-driving cars which have been hacked. The doors lock. A voice comes over the computer to tell them they are about

to die. All of this immediately unfolds over social media and the world finds itself captivated. Almost everyone who has been kidnapped has a secret they don't want to reveal, but the Hacker has secrets of his own. Only a bystander named Libby has any hope of unraveling the truth and exposing the tragedy at the heart of this sensational act of terrorism.

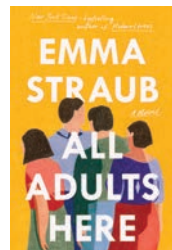


A Good Neighborhood

By Therese Anne Fowler
In a tight-knit North Carolina neighborhood, a professor of forestry and ecology is raising her biracial son who is

headed to college in the fall. After years of single parenting, Valerie, a widow, faces the prospect of an empty nest. All is well until the Whitmans demolish the house and trees next door to build a showplace. With little in common, these two very different families clash over a

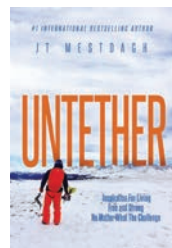
historic oak tree on their property line and the blossoming romance between their children.



All Adults Here

By Emma Straub
Witnessing a school bus accident prompts Astrid to think about how she raised her children. Her youngest son is drifting and

unfocused. Her daughter is pregnant yet struggling to give up her own adolescence. And her eldest sets himself impossibly high standards. But who decides which lapses were the ones that mattered? It might be that only Astrid's 13-year-old granddaughter really understands the courage it takes to tell the truth to the people you love the most.



Untether

By JT Mestdagh
At a very early age, entrepreneur and adventurer, JT Mestdagh, was diagnosed with a life-threatening syndrome

called VATER/VACTERL. He endured 250 days in hospitals before age 3 and 16 major surgeries before age 16. JT thought he never would be able to read because of severe dyslexia and short-term memory loss. His parents would not give up until they found the right program for their son. They did, and his life changed forever.

Top photo by Jeffrey Sauger, courtesy of GPPL

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Sunscreen is not just for summer!

By Alyssa Miceli DO, MS, FAAD

Why is it important that your moisturizer has SPF in it even during the cold, gray winter months? Sunscreen has many protective benefits to the skin that make it vital to wear all year long. Here are some facts to keep in mind:

1. Sun damage occurs during every season. The ultraviolet (UV) radiation emitted by the sun includes UVB, which directly damages DNA and contributes to the formation of skin cancers, and UVA, which contributes to skin aging, wrinkles and indirect DNA damage. This UV radiation is present even when it is cloudy and some of it (UVA) can penetrate windows.

2. Why wear sunscreen? Sunscreen helps block dangerous UV rays from causing damage to the skin, serving as a protective factor against skin cancer development. Many patients want to know the secret to youthful appearing skin and my answer is simple: the number one anti-aging product is sunscreen! Keep in mind that UV radiation is stronger at higher altitudes and is reflected by snow, so don't forget to wear sunscreen while enjoying your favorite winter sports.

3. Who should wear sunscreen? The simple answer is everyone. People of all skin types should use sunscreen on exposed areas every day. Regardless of your ability to tan, sun exposure damages your skin over your lifetime and can also make many skin conditions worse.

4. Which sunscreen should I choose? Mineral based sunscreens contain physical blockers that reflect and scatter UV radiation and are the best choice for those with sensitive skin. I recommend a broad-spectrum sunscreen containing the ingredients zinc oxide or titanium dioxide with an SPF of at least 30 or higher every day of the year. Sun protective (UPF) clothing and swimwear is also useful if you are planning a beach getaway this winter.

Alyssa Miceli DO, MS, FAAD is a board-certified dermatologist at Midwest Center for Dermatology and Cosmetic Surgery-St. Clair Shores; Instagram @ dralysmiceli. For information or to schedule an appointment, call (586) 776-9770 or visit mwdermatology.com.



POINTE | estate attorney

Parents of minors need estate plan

By Jon B. Gandelot

Do parents with minor children and limited assets need estate planning? Consider this:

1. Death happens. Unfortunately, people do die prematurely. Car accidents and tragic illnesses can strike young families.

2. Who will raise your children? This is probably the most important decision young parents face. The fact that parents may not agree on who will act as guardians for their minor children is also the main reason why parents do not have their estate plan completed.



3. How will your children be raised? Perhaps as important as who will act as guardians of minor children, is the issue of how they will be raised. Religious upbringing, choice of schools and moral values you want for your children must be carefully considered by young parents in developing their estate plans.

4. Estate planning is not only about death. Statistically, we are far more likely to become disabled rather than die in any given year. A proper estate plan incorporates disability planning as well as planning for an untimely death. For instance: How will your family keep your home if you can't work?

5. Protect assets from future predators. Assume you die prematurely and your spouse remarries. Do you want to make certain that your wife and children are taken care of, but want to ensure that the "replacement" spouse is not enriched by your estate?

It's especially important for young parents to consider and plan for their minor children's futures.

Jon B. Gandelot is senior counsel at Trowbridge Law Firm, P.C., with offices in Detroit and Grosse Pointe.

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DRIVING GROSSE POINTE IN A 1957 JAGUAR XK120

By Alexander Kelly

Bruce Schofield is a U.S. Navy veteran who sailed on the U.S.S. Thornback. He is also the owner of a 1957 Jaguar XK120. I asked him a few questions about himself and his car.

What sparked your passion for cars?

My father being British and working in the car industry. British men are tinkers, not mechanics. He got me into cars as well as buying my first car — a 1934 Dodge.

I worked for the Detroit News,



Bruce Schofield with a poster of his Jaguar designed by his son

Photo by Alexander Kelly; far left photo by Alexander Kelly; center photo courtesy of Bruce Schofield

delivering the papers and I got a job at a gas station on the Nautical Mile. After I graduated from high school, I went to work at Chrysler. Later, I ended up at Ford Motor Company as an engineer.

How did you acquire the Jaguar?

From a friend of mine, who was a manager at Ford. I knew he had a 1957 Jaguar XK120. A couple of years went by and he asked if I was interested in buying it.

What's been most memorable about owning your Jaguar?

I restored it after I bought it in 2007. We rented a trailer, brought it home and put it in the garage. Then I spent the next year restoring it. I always loved taking it to shows. I won many awards, and in 2008 I did 23 shows.

What do you really enjoy about Grosse Pointe?

Well, what is there not to enjoy? I mean, I've got a son who lives in

Oakland County and I get sick there because of the gridlock.

In all my time of traveling around the world, skiing and diving, I've never seen anything quite like Lake Shore Drive. It has to be one of the beautiful (places) in the world. I don't do the cruises anymore. My favorite cruise is Lake Shore in the evenings. [P](#)

To see Alexander Kelly's other automotive finds visit:

[@cars_hq](#)



at The Helm of senior wellness

Photo by Lauren McGregor

By Margie Reins Smith

Many older people find themselves alone for whatever reason,” says Peggy Hayes, executive director of The Helm. “Their social circle has gotten smaller. They may have lost a spouse or they’ve lost friends and their children are not necessarily nearby. Being alone can lead to loneliness and depression.”

Hayes says one of The Helm’s main missions is to foster social connections. “All of our programs do this.”

She named some of the 40 or 50 activities available: exercise classes like yoga, tai chi, active fit and body alignment 101; games like Mah Jongg, euchre and poker; lectures about health, the arts and technology; classic movies; two book clubs; tap

dancing and cooking demonstrations and conversational French; specific craft projects; day trips; continuing education through Wayne County Community College; volunteer opportunities and much more.

According to the National Institute on Aging, social isolation increases a person’s risk for physical and mental problems such as high blood pressure, heart disease, obesity, a weakened immune system, anxiety, depression, cognitive decline, even Alzheimer’s disease and death.

In addition to classes, lectures and games, The Helm has added more ways to get together with others. “Some people don’t like to eat alone,” Hayes says. “Our gourmet chef, Brian Brenner, prepares a healthy lunch five days a week.” Anyone can

come. All you need to do is make your reservation by 10 a.m. that day. The cost is \$5 for members; \$7 for nonmembers.

Every other Friday, The Helm and PAATS provide round-trip transportation to any of five stores in the Gratiot shopping corridor. The cost is \$5.

During the holiday season, the Lake Shore Lights Tour was one of the most popular activities. It began with dinner at a restaurant, then a bus trip down Lake Shore to see the holiday displays. Finally, back to The Helm for dessert and coffee.

Hayes says they’re now scheduling more classes and activities in the evenings because people have asked for this.

“The Helm is a warm, welcoming,

friendly atmosphere,” she says. “Our activities help foster the social connections we all need.”

The Helm at the Boll Life Center, formerly Services for Older Citizens (SOC) is located at 158 Ridge Rd. in Grosse Pointe Farms. Call (313) 882-9600 or visit helmlife.org for more information. ♻️

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Someone's bowl is always empty

By Joan Richardson

Bonnie Mellos was trying to teach children in her church the value of helping others when she painted her first bowl to raise money to feed the hungry. The children attending a summer camp at Assumption Greek Orthodox Church sold those bowls and raised \$500, which they donated to a Detroit food pantry.

The next year, they did it again. Within a few years, Empty Bowls Detroit was raising thousands of dollars to support food programs at Cass Community Social Services in Detroit. In 2019, Empty Bowls raised \$100,000 for Cass and is on track to repeat that success in 2020.

The annual event has flourished because of significant support from dedicated volunteers and Mellos's tireless work to end hunger one bowl at a time.

What was a family-friendly afternoon event at Assumption has evolved into an adult evening in Eastern Market's Shed 5. Two dozen area restaurants donate 10 gallons of soup each — Mellos estimates that attendees enjoy 7,680 servings of soup — and other businesses donate breads, cheese, beer, wine and desserts.

"One hundred percent of the ticket sales go to Cass because everything is donated," Mellos says.

At \$55 per ticket, Empty Bowls attracts many attendees who support Cass's work but are unable to attend pricier charitable events in Detroit.

Each attendee also goes home with a painted bowl to remind them that "somebody's bowl is always empty." Early on, Mellos hit on the idea of


having supporters pay a small fee to paint a ceramic bowl which would then be donated to the Empty Bowls event and given to one of the attendees. Throughout the year, she recruits organizations and individuals to join bowl-painting workshops to paint the 1,200 bowls needed for the annual event. Empty Bowls charges painters \$10 to paint a bowl.

At the workshops, painters have their choice among a variety of bisque bowls — clay bowls that have been fired once. Mellos provides paint, brushes and sponges for the painters, but painters come up with their own designs. Mellos and her crew then glaze the bowls and fire them again. The kiln used by Empty Bowls was donated to the organization by Grosse Pointe United Methodist Church.

"Painting the bowls isn't really a money-making effort. Having the painters paint the bowls is more of an awareness effort," Mellos says.

Mellos promotes bowl painting as a great team-building effort and a way for a group to come together and give back.

"People come in and say 'I'm not at all creative.' But everybody's bowl is beautiful. They're all unique, just like the people who make them. At the event, every bowl goes home with someone."

The 2020 Empty Bowls event will take place 5 to 10 p.m. on Friday, March 6 at Eastern Market's Shed 5. Tickets are on sale now at emptybowlsdetroit.com. 

Top, Bonnie Mellos

Photos by T.J. Samuels, @uberhubris



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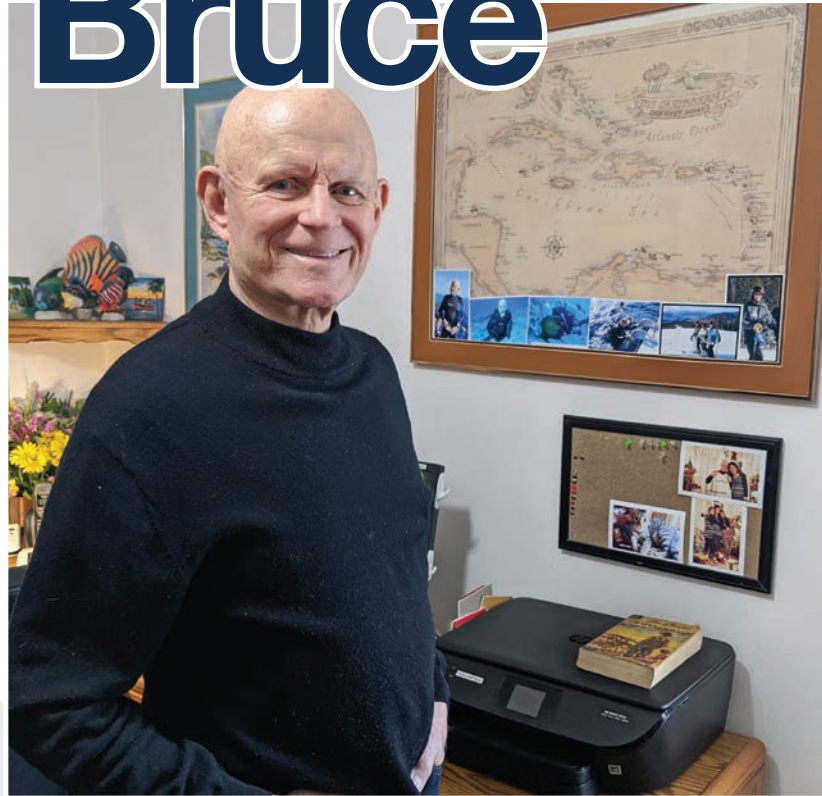
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Meet Bruce



Bruce in front of a map of the Caribbean, including Grand Cayman, where he owned a condo and often scuba dived

What was your first job?

Delivering 200 Detroit News newspapers to Grosse Pointe Woods customers by bicycle, seven days a week, after school

What did you want to be when you were growing up?

An auto mechanic

What is the best trip you've ever taken?

Traveling the great rivers of Europe by riverboat

What is the most historical day in your lifetime?

Winning 'best in class' with my classic car at the EyesOn Design car show at Edsel & Eleanor Ford House in 2008

What accomplishment makes you proudest?

Development and operation, for 29 years, of the 50-acre River Valley RV Park in Clare County, Mich., after leaving Ford Motor Co. in 1975

Do you collect anything?

Small, cast-iron English 'Dinky' cars

Words to live by?

"A job is not a job worth doing unless done properly."

Bruce's Favorites

Season

Summer for camping

Movie

Bullitt with Steve McQueen

Food

Shellfish - clams and shrimp

Restaurant

Salvatore Scalopini on Mack and Mike's on the Water

Book

Grapes of Wrath by John Steinbeck

Vacation

Safari in South Africa

Activity

Skiing and scuba diving

Musical Artist

Fats Waller, jazz in the 1920s and Fats Domino in the 1950s

About Bruce

"I learned mechanics — and my work ethic — at the elbow of my father, Daniel Walker Schofield, at a very early age. He was in the British Expeditionary Force in WWI as an infantryman for four years and lived. He was my hero and taught me so much.

I got my brains from my mother, Laura Louisa Bell Schofield, who graduated high school at 16 and was managing the office of a Windsor business at 17. She was so smart. After my brother, Robert Henry, and I graduated from high school (Grosse Pointe High in the early 1950s), she went into banking with Detroit Bank & Trust.

My brother graduated from University of Michigan with a BBA and MBA and was in Vietnam as a U.S. naval officer. In 1953, while in high school, I went into the Navy Submarine Reserve.

I volunteered for active duty from 1957-59 and graduated from Wayne State University in 1962. Afterward, I was hired by Ford Motor Co. to their three-year graduate program. I was elected and served as president of the Ford Thunderbird Ski Club from 1971-73.

My wife, Laura Jean Dickerson Schofield, and I have been married 55 years and have been blessed with good health and the ability to travel most of the world. We're the proud parents of twin sons, Daniel and Jonathan, 54. God has certainly shone his light on us! As they say in England — *Cheers!*"

Name	Bruce Daniel Schofield
Age	84
City	Grosse Pointe Woods
Occupation	Retired automotive engineer at Chrysler and Ford Motor Co.

Winter brings challenges

By Jonathan Boos

Most people get excited for the first snowfall of the season. However, according to Crittenton Hospital Medical Center, snow and ice can cause more problems as we age and lead to some potentially dangerous injuries for seniors. They mention five specific risks associated with harsh winters: back and heart injuries from snow removal, traumas from slipping on the ice and snow, loss of body heat, carbon monoxide poisoning and driving accidents.



Besides physical injuries, the elderly are often susceptible to emotional distress and heartache during the winter months. The lack of sunlight and feeling of isolationism can be debilitating. Because of the weather, it's often difficult for seniors to stay active, get to the grocery store or pick up vital medications. Especially those with mobility issues or those who are homebound.

Many families turn to home care providers to care for their loved ones during these difficult months. As little as a two hour house call can provide a tremendous boost.

We can assist with basic activities of daily living, meal preparation, medication reminders and light housework. We can also run errands and drive seniors (or those in need) to where they need to be, so they don't miss any of their favorite activities.

Although we can provide numerous services, we don't shovel snow. You might want to ask the kid down the street to help with that!

Jonathan Boos is Director of Business Development for Nursing Unlimited Inc. For more information, contact Nursing Unlimited at (586) 285-0300 or visit our website at nursingunlimitedonline.com.

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Shaw's Books

a literary treasure trove in Grosse Pointe Park

By Lauren McGregor

For the retired human resources employee and Grosse Pointe Park resident, books were always the end game.

Hank Zuchowski started in the book business in 1983, collecting and selling at book fairs, both for a Detroit bookshop and himself. At the time, he was still working in HR for General Motors.

"I wanted to do this after retiring. But I had to do three things first," he says.

Pemberton home they bought 39 years ago and in which they raised children Zachary and Julianne.

For years, he increased the number of book fairs in which he participated and combined them with family vacations. "If there was somewhere we wanted to go, I'd find a book fair there." They explored the country and beyond, combining his love of travel and books.

In 1992, he bought the building that now houses Shaw's Books, 14932 Kercheval Ave., crafting the space room by room while renting out yet-to-be-filled space to antique sellers.

By the time he'd retired in 1998, the 2,000 sq. ft. store was entirely Shaw's Books and open by appointment only with the intention to begin holding regular open hours. Today, you can find Zuchowski welcoming customers at Shaw's Books every Friday and Saturday.

"Looking is free. Everyone should stop in and check it out," he says. "People are always pleasantly surprised."

"I wanted each room to feel like a private library, with interesting



Hank Zuchowski
Photos by Lauren McGregor

bookcases, interesting objects," he says.

In keeping with this vision, there are chairs in every room. "I want people to feel comfortable and be able to sit down with the books."

He says he can't describe himself as a salesperson. "More of a consultant," he says. "I love connecting the book with the person who really wants it. Everybody is a different human being with a different focus. I try to cater to different areas of interest, from fiction to art to photography to history."

Zuchowski calls himself a generalist, with offerings on endless topics, 25,000 volumes in total. And he is very particular about the shop's collection.

"There are dust jackets on most books," Zuchowski says. "I only buy good



condition books. I don't sell paperbacks or anything in poor condition."

Much of the shop houses hard-to-find collectible items, such as signed works, exquisite bindings, miniature books, first and notable editions and more.

Zuchowski finds them "everywhere." From book fairs in England and nationwide auctions to local estate sales and private libraries, there is no source he has not tapped.

Shaw's Books is also home to an assortment of oddities and antiques.

"If it doesn't have a price tag, it's not for sale. I like it too much," he laughs. When asked if he's ever made an

exception, he immediately responds, "Twice."

He's sometimes called Mr. Shaw, understandably. "I'll correct them the first time, but after that ..." he shrugs.

The name of the bookshop came down to two things: simplicity and purpose.

"I wanted to include what the business was, so I knew 'books' had to be in the name," he explains. "And 'Shaw' is an easy name to remember and write, unlike 'Zuchowski.' It's also the name of several well known authors." Though, he notes, Shaw's Books is not inspired by any of them.

Zuchowski is a longtime member

of the Michigan Antiquarian Book Sellers Association, the Northern Ohio Bibliophilic Society and the Midwest Antiquarian Booksellers Association (MWABA). He has served as president of MWABA for the past 21 years and says books, and his bookshop, are his greatest passion.

"This isn't a job. I love doing it," he says, and invites all to stop in and explore the labyrinth of collectible books and ephemera.

Shaw's Books at 14932 Kercheval Ave., Grosse Pointe Park, is open most Fridays and Saturdays and by appointment. Zuchowski updates

the voicemail message weekly, announcing that week's hours. For more information, call (313) 824-0816 or (313) 824-4932 or visit shawsbooks.net. Note: Shaw's Books accepts only cash or checks.



Photos by Lauren McGregor

Traveling with Rufus is no walk in the park

By Margie Reins Smith

It would be on the first boat to that volcanic island in New Zealand,” says Rufus McGaugh, retired Grosse Pointe middle school social studies teacher. McGaugh loves traveling. Especially adventure (and misadventure) travels, challenging journeys, difficult trips. His wife, Monica, and his two sons often accompany him.

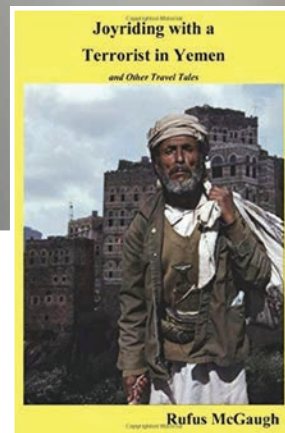
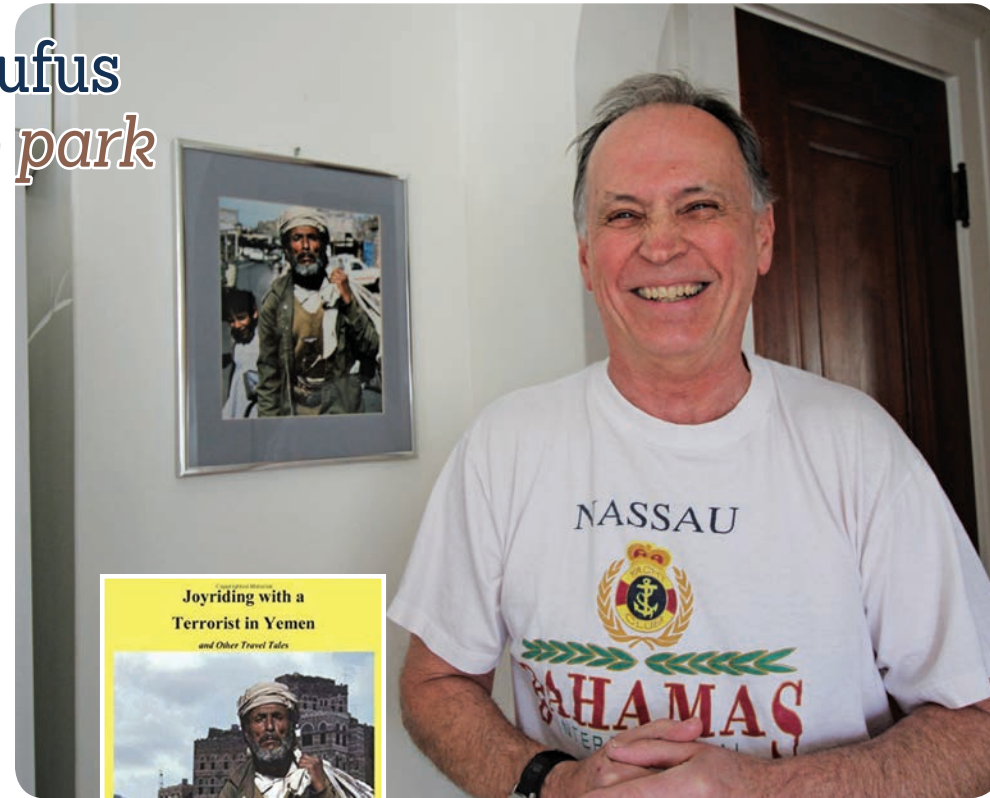
“My wife was feeling sad about the family killed when that volcano erupted,” he says. “She said, ‘That could have been us!’”

McGaugh’s second travel memoir, *Joyriding with a Terrorist in Yemen*, published in October, is a sequel to *Latitude and Longitude with Attitude: One Man’s Quest to See the Entire World*, which he says has sold more than 5,000 copies.

He wrote *Joyriding* after achieving his lifelong goal – visiting every country in the world – and because he had more travel stories to tell. Many descriptions involve discomfort, complications and danger and some stories read like stand-up comedy routines.

“A perfect trip would be boring,” he says. “The best stories are some of the worst experiences.”

He writes about riding narrow mountain roads with a driver who smirked as they cheated death again and again; about attempting to walk the nearly 100-mile length of Hadrian’s Wall with a painful foot



condition; about his wife’s explosive reaction to Turkish toilets; and about a ride with a short-tempered SUV driver in Yemen who packed hand grenades, a pistol, four M16 rifles, a machine gun, a grenade launcher and a bazooka, just for safety’s sake. McGaugh can’t remember this guy’s name, but he inspired the book’s title.

He also writes about smooth vacations and good times such as the surprising colorful beauty of the Dolomite mountains, the stunning scenery at Machu Picchu and the mystery of Easter Island. But the best tales involve delayed flights, long layovers, garbled directions, unwelcoming natives, bad food, filthy

hotel rooms, lost sleep, dangerous environments and more. The narrative is chatty and descriptive, often digressing to McGaugh’s memories of serving in the Marines in Vietnam.

Joyriding is full of four-letter words, exaggerations, off-color humor and tongue-in-cheek slurs against everything and everybody you can think of. Most is intended as humor.

“If kids read it, it’s no worse than what they’re seeing on TV, hearing in music, finding on the Internet,” he says.

McGaugh claims he’s slowing down. He made three promises to his wife. He won’t give up traveling, but he will curtail trips to dangerous third-world countries. He will devote more time to his family. And he is determined to see more of the United States.

Joyriding with a Terrorist in Yemen is available from McGaugh himself or online at Amazon.com. [P](#)

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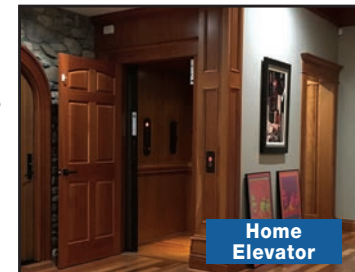


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By Anne Erickson

Donald Bischoff has been a member of Grosse Pointe Theatre since 2001, and his love for the company has only grown over the years.

While Bischoff started out at Grosse Pointe Theatre as an actor, now he spends much of his time directing. His seventh production at the company, the beloved *Guys and Dolls*, will take the stage from Jan. 10-12 and 16-19 at Christian A. Fenton Performing Arts Center at Grosse Pointe North.

If you've seen the familiar musical — which features music and lyrics by Frank Loesser and the book by Jo Swerling and Abe Burrows — don't think you've seen anything like this production.

Bischoff is updating the show and has added some surprises, including tap dancing, so those who have experienced *Guys and Dolls* before are in for a completely new treat.

"I want the audience to know this is

going to be something brand new that they have never seen before," he says.

"I could recreate the choreography in the movie, but if they've seen the movie a bunch of times, why would they want to see it again?"

The cast features a bevy of extremely talented dancers and vocalists, including Zak Shugart as Sky Masterson, Megan Welenc as Sarah Brown, Nick Marinello as Nathan Detroit and Catie Hauff as Adelaide. Bischoff's wife, Tracy, is also in the show as a dancer.

Bischoff is the perfect fit for director, because he has performed in *Guys and Dolls* several times, including playing the leading male role, Sky Masterson.

"It's a wonderful show," he says. "It's one of those comical musicals that has songs you can't stop singing, like 'Luck Be a Lady' or 'A Bushel and a Peck.' That music from the late 40s and early 50s just gets stuck in your head."

Bischoff's favorite thing about

directing at Grosse Pointe Theatre is the community.

"We will have 32 members in our cast and another 60 or 70 people working on different facets of the production, so close to 100 people working on this show, and they do it because they love it," he says. "These people put their hearts and souls into these shows, and those are the people who make our productions what they are. We want to be professional, and we're as close to professional as we possibly can be. These are people who have a passion for the theater, and that's what I love about this: the people."

For ticket information, visit www.gpt.org or call (313) 881-4004. Tickets are \$26. [P](#)

Top, Zak Shugart as Sky Masterson, Megan Welenc as Sarah Brown, Catie Hauff as Adelaide and Nick Marinello as Nathan Detroit

Photo by Dale Pegg



Chris Page

AN OPPORTUNITY TO LEARN FROM ONE OF THE NATION'S TOP ARTISTS

By Karen Pope

Artist Chris Page, whose work is frequently featured in the *Strokes of Genius* series of coffee table books, maintains studios in New York City and Paris, but comes home to Grosse Pointe periodically and stops by the Grosse Pointe Artists Association's office to reminisce about the days when Bob Seger played for middle school dances at The War Memorial.

When he returns this month for a wedding, he will do more than reminisce. At 7 p.m., Thursday, Jan. 30, he will give a talk on his process as an artist, a preview to a workshop he will be offering the weekend of Feb. 8 and 9.

The preview will include process shots and discussion of various works, including two that have been part of

GPAA exhibitions, as well as a live, quick process-type drawing to further illustrate how the drawings come about.

This is how the artist described one of his pieces featured in the 10th edition of *Strokes of Genius*, titled "Devon 1," graphite on cream paper: "I completed this drawing in approximately 30 hours over two weeks at the Art Students League of New York. Devon is one of my favorite models to work with, and after a few days of blocking in, wiping out and blocking in again, everything except his head, hair and hands became less and less important. Ultimately, all the details that weren't necessary to the composition faded into the nothingness of the paper and graphite ... where they belong."

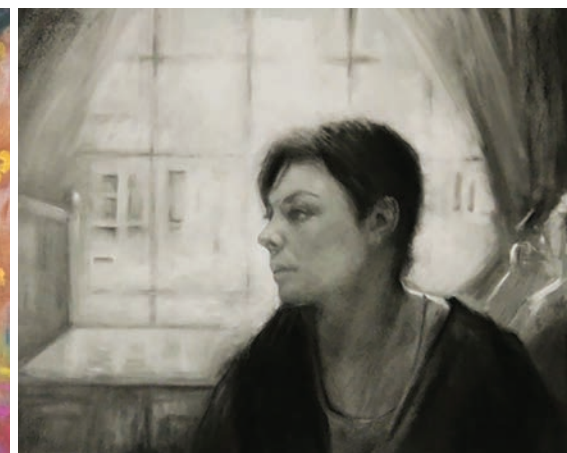
The Grosse Pointe Artists

Association's workshop with Page is designed for artists at all levels of experience. The goal is to provide a safe, inspirational environment for artists, encouraging informal discussion and freedom to expand and explore. Page will give demonstrations and a slide presentation of great art draftsmen to further illustrate the concepts being taught, as well as offer individual critiques at the easel.

Chris completed an MFA in painting from the New York Academy of Art in 2016 and holds a PhD in Historical Musicology from UCLA.

The Thursday evening talk is free and open to all. For more information and to register for the weekend workshop, visit grossepointeartcenter.org/classes or call (313) 881-3454. [P](#)

Right, 'Portrait of Doreen Ketchens,' seen in GPAA's 2019 A Personal Journey exhibition; 'She's Always Had Her Own World,' seen in GPAA's 2018 Looking In and Looking Out exhibition; 'Devon 1,' appeared in the 10th edition of *Strokes of Genius*



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POINTE | financial planner

Vision 2020

By Lina Bowman

What's your vision for 2020? While we may not all have 20/20 vision, one thing we can all see clearly is that the future is uncertain. The biggest challenge in financial planning is not to be able to predict, but to be prepared for whatever may come our way.



Benjamin Franklin said there were only two things certain in life, death and taxes. We can't eliminate these, but we can minimize the financial damage they cause to us and our families.

A good start would be to prepare for one of the largest expenses in retirement — healthcare. Fidelity has estimated that the average couple will need \$285,000 for medical expenses in retirement, excluding long-term care. Surprisingly to many, Medicare is not going to cover all these expenses.

Depending on your health insurance, you may be eligible to contribute to a Health Savings Account. Eligible contributions to an HSA are tax deductible. They also can grow and be used tax-free for qualified medical expenses.

Long-term care insurance benefits and life insurance policies that offer acceleration benefits can also provide tax-free income for health expenses. Continue savings by investing into tax-deferred or tax-free accounts such as your 401(k) plan or Roth IRAs whenever possible. Reduce taxation on after-tax accounts by proactively managing gains or losses and avoiding unnecessary 1099 income.

As you can see, a comprehensive plan is what's needed! Let's start together.

Wishing you all a bright vision of good health and prosperity in 2020!

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.

POINTE | landlord

Loyalty vs. saving a buck

By Anna Bartolotta

Recently a friend mentioned how she enjoyed bouncing back and forth from the different fresh food delivery services that are offered in her area. She said there are just so many to choose from and with new subscriber specials and different delicious meals, it is easy to try them all.



I could not get this concept of jumping around from service to service to save a buck out of my mind. I have always been a champion of trying to save a dime, but the concept of loyalty is and will continue to be most important to me.

I am continually on the receiving end of property owners who are looking for new management companies to service their investments, usually due to a previous ineffective property manager. In the case of the latter, I encourage trying new companies, finding the one that best fits your needs; blind loyalty in a company does neither side any good.

When property owners tell me another company is offering them a discounted rate, my response will always be "best of luck, we hope to get you back someday." When people are set on saving money, sometimes the value of the product or service is overlooked.

Loyalty to a company that has grown with you and has always provided great service is far more important in the long run. I believe in loyalty in my personal life as well as my professional life. If you take care of your tenants and you take care of your clients, they will take care of you in return.

Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management, this area's original dedicated, full service, full time rental agency staffed with licensed agents.

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POINTE | fitness

Make your resolution last

By Ken Welch

We're into the new year, so how are the resolutions going? Many people pick this time of year as their starting line to better health and fitness.

Thanks to social media and the increased recognition of the importance of exercise, there's more information about it than ever before. It can be overwhelming.

Out of all the advice there is to give, these are the top four things I tell new clients.

Start slow and easy. Achieving better strength and health is not a race or a competition. This is a life change that you want to be permanent.

Never stop learning. Get in touch with the muscles you work, the different ways to work them and the purpose they serve. Challenge your cardio threshold and appreciate your heart. As you go through life, the changes in your body will require that your workout routine evolves to suit those changes. Keep up on new developments in fitness and health. Make exercise interesting instead of something you feel obligated to do.

Find the most convenient schedule and commit to it. If you're a night person, don't try to be a morning person. You'll benefit either way. Also, don't let emotions ruin your workout. Depression is a workout killer, but exercise can combat it.

Be easy on yourself. Many people are too harsh with their fitness expectations. Make sure you get in one cardio day and one strength day with some stretching on both days once a week. Studies show benefits from such a simple plan. It also keeps you in the game until you're able to do more.

Ken Welch is owner and trainer at *Pointe Fitness on Harper south of Allard.* Online: pointefitness.com.



POINTE | health

Resolve to sleep in the New Year

By Dr. Saima A. Khan

Every year, the most common New Year's resolutions include the goal of better health by diet or exercise changes, and usually in the hopes of losing weight.

However, I find that many, if not all, of those people neglect the most basic determinant of mental and physical wellness: sufficient and adequate sleep.

Adults need 7-9 hours per night, every night. There is no such thing as "catching up on sleep." Getting less sleep causes changes in the body that can cause weight gain and weaken the immune system.

Here are some basic ways to help you get the rest you need.

Go to sleep and wake up at the same time every day, even on weekends. Help your brain associate the bed with sleep by avoiding activities such as reading or working in bed.

Avoid watching TV or being on a computer close to bedtime as the blue-light counters the release of melatonin, a hormone that promotes sleep.

Keep the room cool and dark. Use ear plugs if needed. Keep pets out of the bedroom if their movement wakes you.

Do not have any caffeine 6-8 hours before bedtime; that includes pop and chocolate. Avoid long naps late in the day. Don't eat or drink in significant amounts or exercise strenuously close to bedtime.

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.



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Your Old MANSION



Clockwise from top right, train station graffiti; Rebel Nell jewelry; Saarinen House; Dequindre Cut

By Karen Pope

In the 2020 version of its popular lecture series Your Old Mansion, the Grosse Pointe Artists Association has brought together experts who are using new approaches to enhance some of the community's most popular treasures. The lectures will be held at The War Memorial at 2 p.m. on the fourth Sunday of the month, January through April.

Cranbrook curator Kevin Adkisson will open the series on Sunday, Jan. 26, with an inside look at his challenges as the person responsible for conserving, updating and sharing three historic homes: Albert Kahn's 1908 Arts and Crafts-style Cranbrook House; Eliel and Loja Saarinen's 1930 Art Deco masterpiece; and the art-filled 1950 Smith House designed by Frank Lloyd Wright.

The next lecture on Sunday, Feb. 23, will cover the city's graffiti era. The panel

will include prize-winning photographer Bruce Giffin, who documented the graffiti in the Michigan Central Depot; Angela Wyrembelski, a project manager for Quinn Evans Architects who has experience incorporating graffiti into the firm's renovation work; and Amy Peterson, co-founder of Rebel Nell, a company that turns Detroit graffiti into jewelry.

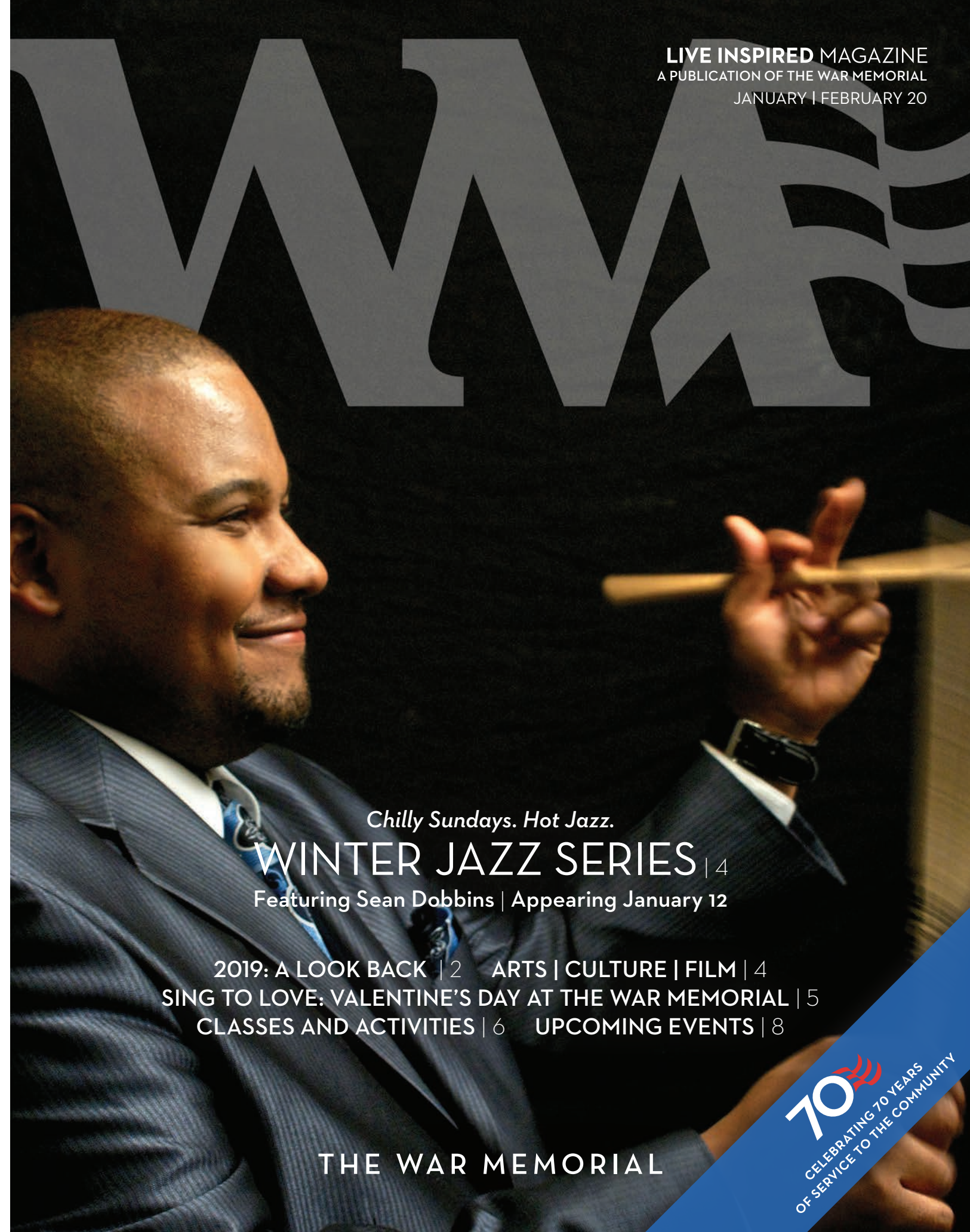
Celebrating the city's design DNA will be the topic on Sunday, March 23. In 2015 UNESCO named Detroit its first American City of Design, a reminder that the Motor City has always been a design mecca. Art historian Deborah Kawsky will help us remember the 1949 DIA exhibit that showcased the "new concept of beauty for the home" by midcentury masters Girard, Yamasaki, Eero Saarinen and Charles Eames.

For the final lecture in the series on Sunday, April 26, Tom Woiwode,

director of the GreenWays Initiative for the Community Foundation for Southeast Michigan, will explain the principles of greenways, using the popular Dequindre Cut as an example. Josh Elling of Jefferson East will talk about what greenways mean to the revitalization of the Jefferson-Chalmers neighborhood, and one of the new business owners will give his point of view.

This is the fourth season for the Your Old Mansion lecture series. All of the presenters volunteer their time and talents. Proceeds support the Grosse Pointe Artists Association's programming for veterans, Promising Artists from area high schools and the elderly and their caregivers.

To register for the series or the lecture of your choice, visit grossepointeartcenter.org/events or call (313) 881-3454.



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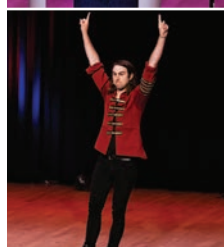
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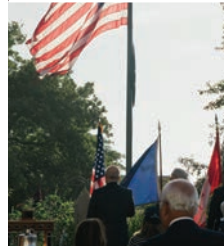
MEMORIAL WEEK

Our patriotic spirit shown through with our annual Memorial Week celebrations where we honored, served, and advocated for our nation's patriots. Details for An Evening of Red, White, and Blue 2020 will be announced shortly!



SUMMERFEST

Guests were rockin' on the lakefront lawn of the Alger House as we welcomed friends old and new for our annual series of free concerts and movies. We're already looking forward to spending next summer with you!



9/11 SERVICE OF REMEMBRANCE

The War Memorial introduced a Service of Remembrance on September 11, honoring those we lost in the 2001 terror attacks, and cherishing the families who keep their memories alive.



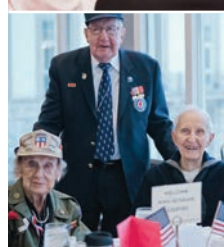
THE JUILLIARD STRING QUARTET

Partnering again with Chamber Music Society of Detroit, The War Memorial welcomed world-renowned artists, The Juilliard String Quartet, as they opened our 2019/20 performing arts season!



MIDNIGHT AT THE MASQUERADE

Murder! Mystery! And fun galore! We were delighted to host another murder mystery dinner during which guests came together to search for clues and uncover the guilty party, all while enjoying a delectable feast!



VETERANS DAY BREAKFAST

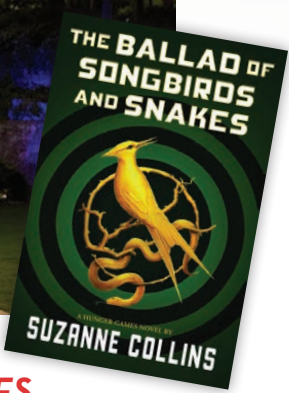
Wrapping up our year, we hosted our annual Veterans Day Breakfast. With keynote speaker United States Senator Gary Peters, we welcomed veterans to enjoy a delicious breakfast, camaraderie with friends old and new, and receive recognition for their bravery and dedication to our nation.



NEW THIS WINTER

COCKTAILS BY CANDLELIGHT

This winter, The War Memorial is transforming the historic Alger House into a premiere cocktail lounge, right here in Grosse Pointe's backyard. The War Memorial invites guest to "wine down" after a long workday as they surround themselves with the lustrous glow of the historic fireplaces, friends old and new, and their favorite cocktail in hand. One complimentary libation, light hors d'oeuvres, and an endless supply of board games included. Cocktails by Candlelight is the perfect way to just sit back, relax, and enjoy an evening with good friends, and even better cocktails!



DINNER AND MOVIE AT THE CAPITOL: THE HUNGER GAMES

In celebration of *The Ballad of Songbirds and Snakes*, Suzanne Collins's new and eagerly awaited Panem novel, The War Memorial is transforming into the infamous President's Mansion for one glorious evening. Immerse yourself in the stoic splendor of our 1910 Italian Renaissance-style estate, enjoying custom décor inspired by Philip Messina's production design of *The Hunger Games* films. A spectacular handcrafted feast served in our lakefront ballroom will be followed by a screening of the first *Hunger Games* film in The Patriot Theater. Capitol-themed attire is encouraged. *May the odds be ever in your favor.*

WHEN **THURSDAY, JANUARY 16**
THURSDAY, MARCH 12

TIME Doors open at 6:30pm
Last call at 10pm

COST \$15 per evening
Admission includes one drink ticket, light hors d'oeuvres, and complimentary board games
A full cash bar will be available all evening long
Casual attire suggested; door sales will be available, but pre-purchase is recommended

WHEN **FRIDAY, MARCH 27**

TIME VIP reception at 6:15pm
Dinner at 7pm
Movie at 8:30pm

COST **General admission open seating \$50**
VIP admission includes cocktail reception in the historic Alger House \$90
Table of eight general admission with reserved seating \$380
VIP table of eight \$700

EXPLORE YOUR WAR MEMORIAL AND LIVE INSPIRED IN 2020

As we welcome in a new decade, we are excited for things to come! These past 70 have been monumental for us and we invite you to join us for the next 70! In the upcoming pages, read about the wide array of events and programs, geared toward nurturing an environment where people, arts, and culture come together at their best. As we springboard into a future of new ideas and expanded horizons, we invite you to come explore your War Memorial.

Dinner experiences at The War Memorial require a minimum attendance; guest minimums may vary per event. If the minimum attendance requirement is not met for an event, guests will be notified and will receive a full refund.



The Dave Bennett
**WINTER
 JAZZ
 SERIES**

We've partnered with Detroit jazz legend Dave Bennett for full season of brunch concerts so hot they'll melt the snow! Dave has curated a trifecta of incredible musicians, covering different facets of the jazz idiom from percussion to piano to clarinet. You'll enjoy a gourmet brunch followed by the musical stylings of Detroit's inimitable jazz masters.

JAZZ DRUMS
SEAN DOBBINS
 Sunday, January 12

JAZZ PIANO
CLIFF MONEAR
 Sunday, February 23

JAZZ CLARINET
DAVE BENNETT
 Sunday, March 29

TIME Brunch at 11am, served upon arrival
 Concerts at 12:15pm

COST **VIP tickets**
 Including bottomless mimosas
 VIP brunch and concert \$50
 VIP table of 8 \$350
 VIP series subscription \$125

General admission
 Cash mimosa bar
 Brunch and concert \$40
 Concert only \$30

Learn more at
www.warmemorial.org/arts

cmdetroit

THE GRYPHON TRIO

The Complete Beethoven Piano Trios,
 Program I

FRIDAY, JANUARY 24

For over 25 years, the Gryphon Trio has firmly established itself as one of the world's preeminent piano trios, garnering acclaim and impressive international audiences with its refined, dynamic and memorable performances. This special evening's program includes Beethoven's Allegretto in B-flat major, WoO. 39; Trio in G major, Op. 1, No. 2; and Trio in B-flat major, Op. 97, "Archduke."

PROGRAM

Beethoven: The Complete Piano Trios, Program I
 Allegretto in B-flat major, WoO. 39
 Trio in G major, Op. 1, No. 2
 Trio in B-flat major, Op. 97, "Archduke"



VERA QUARTET

with Meng-Chieh Liu

FRIDAY, MARCH 13

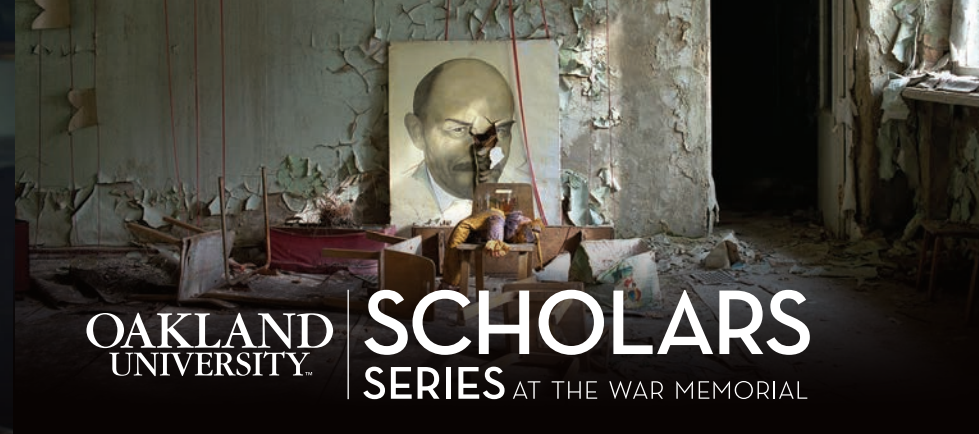
Curtis on Tour, a global touring initiative of one of this country's most renowned conservatories, features the Vera Quartet, its current Quartet in Residence, along with distinguished faculty pianist Meng-Chieh Liu, in their Detroit debut. Curtis on Tour is the Nina von Maltzahn global touring initiative of the Curtis Institute of Music.

PROGRAM

Beethoven: Quartet No. 4 In C minor, Op. 18, No. 4
David Hertzberg: String Quartet (newly commissioned work)
Franck: Piano Quintet in F minor

TIME 7:30pm
COST PER EVENT Premium tickets \$45
 General admission adult \$30
 Seniors \$25
 Students and youth \$10

Learn more at www.warmemorial.org/arts



OAKLAND
 UNIVERSITY

SCHOLARS SERIES AT THE WAR MEMORIAL



CLAUDE BAILLARGEON

Photographic Representation
 of the Aftermath of the
 Chernobyl Nuclear Accident

WEDNESDAY, JANUARY 29

Professor of Art History at Oakland University, Dr. Claude Baillargeon speaks on the 1986 Chernobyl nuclear disaster through the lens of photographic artwork. The impact of the catastrophe never ceased to attract the attention of international photographers, whose work bears witness to its myriad consequences. This presentation aims to emphasize the continuing legacy of this nuclear tragedy.

Top: David McMillan, *Portrait of Lenin, Kindergarten, Prypiat*, October 1997
 Left: David McMillan, *Music Room, Kindergarten, Prypiat*, October 2015



DAVE DULIO

2020 Presidential Politics—
 The State of the Race

TUESDAY, FEBRUARY 25

This interactive and engaging session will take place during the heart of the 2020 Democratic nomination battle and only weeks before the Michigan presidential primary. We will explore the caucus process, delegate selection, super delegates, and the possibility of a brokered convention. The current political dynamics at play in the Democratic nomination fight, as well as some general election matchups, will also be analyzed.

TIME 7pm
COST Free; due to space limitations,
 pre-registration is requested

Learn more at www.warmemorial.org/scholars



SING TO LOVE

Valentine's Day
 Dinner and
 Concert with
 Angela Theis
 and Diane Schoff

Soprano Angela Theis and Mezzo Soprano Diane Schoff are both Grosse Pointe residents with impressive performing credits around the country: Ms. Theis made her Carnegie Hall debut last summer and Ms. Schoff is gaining critical acclaim for her comedic portrayals. Both have sung several roles with Michigan Opera Theatre, sharing the stage in *The Magic Flute* and *The Tender Land*.

Join us for an unforgettable evening including a romantic, gourmet dinner followed by an entrancing concert of music from the opera and Broadway stages. Ms. Theis and Ms. Schoff will be joined by University of Michigan professor and pianist Timothy Cheek.

DATE VALENTINE'S DAY,
 FRIDAY, FEBRUARY 14

TIME Cocktail hour at 6:30pm
 Dinner at 7pm
 Concert at 8pm

COST General admission \$65
 General admission
 (table of four) \$240

VIP \$80
 VIP (table of four) \$300
 VIP tickets include a champagne
 afterglow with the artists

Concert only \$30

Learn more at
www.warmemorial.org/valentinesday

CLASSES AND ACTIVITIES

The War Memorial's classes, activities, and trips are open to the public! Everyone is welcome - there are no residency requirements and membership is not necessary.

Residency within the Grosse Pointe Public School district is necessary for Middle School Dances.

FITNESS, HEALTH, AND WELLNESS

- CARDIO MAX**
Mondays, 6:15-7:15pm
January 6-February 17
March 9-April 13
- CARDIO CORE**
Saturdays, 9-10am
January 4-February 15
March 14-April 18
- CHAIR YOGA**
Saturdays, 10:15-11:15am
January 4-February 15
March 14-April 18
- IYENGAR YOGA**
Thursdays, 7-8:30pm
January 9-February 13
March 5-April 16
April 23-June 4
- AEROBIC DANCING BY JACKI SORENSON**
Mondays and Thursdays, 8:45-9:45am
March 16-June 4
- WORKSHOPS WITH JENNIFER**
- TAI CHI FOR WINTER CONDITIONS**
Thursday, 10am-12:30pm
January 23
- TAI CHI FOR STRESS REDUCTION**
Tuesday, 6:15-7:45pm
February 18
- THE EIGHT BROCADES OF SILK - QI GONG**
Saturday, 9:30am-12pm
April 11



NEW CLASS POUND FITNESS

- TUESDAYS, 6-7PM**
January 14-February 18
March 3-April 7
April 21-May 26
- ADULT AND PEDIATRIC CPR/AED/FIRST AID**
Wednesday, 6-9:30pm
January 22 or April 1
- SELF DEFENSE FOR WOMEN**
Wednesday, 6:30-8:30pm
February 12 or May 13

SPORTS AND GAMES

- FENCING SESSIONS**
January 13-February 17
March 2-March 30
April 20-May 18
June 1-June 29
- BEGINNER FENCING**
Mondays, 7-7:45pm
- INTERMEDIATE FENCING**
Mondays, 7:45-8:30pm
- ADULT FENCING**
Mondays, 8:30-9:15pm
- BICYCLE REPAIR AND MAINTENANCE**
Thursday, 7-9pm
May 7

MUSIC AND DANCE

- PIANO I: BEGINNING PIANO**
Thursdays, 11am-12:30pm
January 30-March 19
- PIANO II: INTERMEDIATE PIANO**
Thursdays, 1-2:30pm
January 30-March 19

BEGINNING BALLROOM DANCE

- Thursdays, 7-8pm
- TANGO AND CHACHA**
January 9-February 13
- WALTZ AND RUMBA**
February 27-April 2
- FOXTROT AND SWING**
April 23-May 28
- INTERMEDIATE BALLROOM DANCE**
Thursdays, 8:15-9:15pm
- FOXTROT**
January 9-February 13
- TANGO**
February 27-April 2
- RUMBA**
April 23-May 28
- ADVANCED BALLROOM DANCING**
Tuesdays, 7:30-8:30pm
- FOXTROT/SWING**
January 7-February 18
- WALTZ AND CHA CHA**
March 3-April 7
- TANGO AND SAMBA**
April 28-June 9

LA DANSE ORIENTAL: THE ART OF BELLY DANCING

- Wednesdays, 7-8pm
February 5-March 11
April 8-May 13
- NEW CLASS**
- LA DANSE ORIENTAL: THE ART OF BELLY DANCING - INTERMEDIATE**
Wednesdays, 8-9pm
April 8-May 13
- LINE DANCING**
Wednesdays, 6-7pm
January 15-February 12
February 26-March 25

ART, CRAFTS, AND HOBBIES

- WATERCOLOR PAINTING: NATURE**
Wednesdays, 6:30-8pm
January 15-March 18
- NEW CLASS**
- LEARN TO PAINT LIKE BOB ROSS**
Friday, 6-10pm
April 17

YOUTH

- CERTIFIED BABYSITTER SAFETY WITH OPTIONAL CERTIFIED PET SITTER (AGES 9+)**
Saturday, 9am-3pm
February 1 or May 2
- SELF DEFENSE FOR KIDS**
Wednesday, 5-6pm
February 12 or May 13
- NEW CLASS**
- ACCELERATEKID® SCRATCH (GRADES 3-5)**
Tuesdays, 5:45-6:45pm
January 14-March 3
- ACCELERATEKID® JAVASCRIPT (GRADES 6-8)**
Tuesdays, 4:30-5:30pm
January 14-March 3



MORE INFO

Full details and registration at www.warmemorial.org or call 313.881.7511

PLEASE REGISTER EARLY! Classes, activities, and trips must meet minimum attendance requirements; full refunds will be issued for events canceled due to low enrollment.

KID'S COOKING AND BAKING SERIES WITH CHEF PAM (AGES 6-12)

- Saturday, 10am-12pm
- COOKIES, BARS, AND SQUARES**
January 11
- VALENTINE TREATS**
February 8
- CHICKEN POT PIE**
March 21
- EASTER EGG CAKE AND TREATS**
April 4
- NEW CLASS**
- SEWING WITH DANA SERIES**
Saturday, 9am-2pm
- GORGEOUS JEWELRY PARTY**
January 25
- CREATE FUN DESIGNER LEGGINGS**
February 8
- BEAUTIFUL SKIRTS WITH POCKETS**
February 22
- HAIRBOWS & HEADBANDS**
March 14
- MAKE A PRETTY PARTY DRESS**
March 28

OUT OF THE ORDINARY, INTO THE EXTRAORDINARY

- Wednesdays, 7-9pm
- ASTROLOGY, REINCARNATION AND KARMA**
February 5
- PSYCHIC FUN NIGHT**
February 19

SKI HI CLUB

- Trip Dates:** Fridays, January 10-March 13
- Day Trips:** Monday, January 20 and Tuesday, February 18
- The War Memorial's Ski Hi Club is a great way to learn to ski, snowboard, or improve your skills.

DAY TRIPS

- Most day trips include a lunch stop. Visit www.warmemorial.org/travel for complete itineraries. New trips are always being added!
- BEGINNING GLASSBLOWING EXPERIENCE AT THE GLASS ACADEMY**
Wednesday, January 29
- MOTOWN MUSEUM AND LUNCH IN HAMTRAMCK**
Wednesday, February 19
- DEAR EVAN HANSEN AT THE FISHER THEATER**
Only 20 seats available!
Thursday, March 26
- MARY POPPINS AT THE BONSTELLE THEATER**
Wednesday, April 15

DAYCATION LUNCH AND MOVIES AT THE WAR MEMORIAL

"And the Oscar Goes to..." New in 2020, our Daycations will celebrate the very best of the silver screen. Join us each month as we enjoy Academy Award Winning films throughout the decades.

Lunch at 11am | Movie around 12:15pm

- 1930s**
THE BROADWAY MELODY
Thursday, January 16
- 1940s**
GONE WITH THE WIND
Monday, February 10
- GRAND HOTEL**
Tuesday, January 28
- CASABLANCA**
Thursday, February 27

MIDDLE SCHOOL DANCES

- Please visit www.warmemorial.org/youthdances for specific details and attendance requirements
- Fridays, 7-9pm
- DANCING WITH THE STARS**
January 17
- BLAST FROM THE PAST: THE 1950s**
February 7
- SUPERHEROES**
March 6

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LIVE INSPIRED MAGAZINE IS A PUBLICATION OF LIVE INSPIRED PRODUCTIONS AT THE WAR MEMORIAL.

UPCOMING EVENTS

AT THE WAR MEMORIAL [More information online! www.warmemorial.org](http://www.warmemorial.org)

70
CELEBRATING 70 YEARS
OF SERVICE TO THE COMMUNITY

<p>JAN 11 The Met: Live in HD WOZZECK</p>	<p>JAN 12 Dave Bennett Winter Jazz Series SEAN DOBBINS JAZZ DRUMS</p>	<p>JAN 16 New this winter! COCKTAILS BY CANDLELIGHT</p>	<p>JAN 24 Chamber Music Society of Detroit GRYPHON TRIO</p>	<p>JAN 29 Day Trip THE GLASS ACADEMY</p>
<p>JAN 29 Scholars Series at The War Memorial CLAUDE BAILLARGEON</p>	<p>FEB 1 Special Children's Concert GROSE POINTE CHAMBER MUSIC</p>	<p>FEB 1 The Met: Live in HD PORGY AND BESS</p>	<p>FEB 10 Daycation: Lunch and Movie GONE WITH THE WIND</p>	<p>FEB 14 Valentine's Day Dinner and Concert SING TO LOVE</p>
<p>FEB 23 Dave Bennett Winter Jazz Series CLIFF MONEAR JAZZ PIANO</p>	<p>FEB 25 Scholars Series at The War Memorial DAVE DULIO</p>	<p>FEB 29 The Met: Live in HD AGRIPPINA</p>	<p>MAR 12 New this winter! COCKTAILS BY CANDLELIGHT</p>	<p>MAR 13 Chamber Music Society of Detroit CURTIS ON TOUR VERA QUARTET WITH MENG-CHIEH LIU</p>
<p>MAR 18 Scholars Series at The War Memorial FAY HANSEN</p>	<p>MAR 18 Daycation: Lunch and Movie AN AMERICAN IN PARIS</p>	<p>MAR 26 DAY TRIP DEAR EVAN HANSEN</p>	<p>MAR 27 Dinner and Movie in The Capitol THE HUNGER GAMES</p>	<p>MAR 29 Dave Bennett Winter Jazz Series DAVE BENNETT JAZZ CLARINET</p>

POINTE | feature

Jefferson East, Inc.

Go East™

'Building Jefferson-Chalmers Together' readies for 2020

By Lauren McGregor

2020 will be a big year for Jefferson East, Inc. (JEI) and its subsidiary, East Jefferson Development Corporation (EJDevCo). After months of planning and community input, the Jefferson East corridor, neighbor to Grosse Pointe Park, will see an abundance of additions to its business core in accordance with its the master plan, "Building Jefferson-Chalmers Together."

Individuals like JEI CEO Joshua R. Elling and EJDevCo CEO Derric Scott set the groundwork for the area to flourish commercially, through driving inclusive development.

EJDevCo has been responsible for identifying priority development sites, working closely with the city of Detroit and stakeholders to put together financial facts and attract development partners. Specifically, "Detroit's minority developers," notes Scott. The driving principle of EJDevCo is to create an inclusive neighborhood.

"The heavy lifting (for development), like environmental analysis, is done," says Scott. And that's a major draw to investors. Investors then sign agreements detailing requirements on wages, hiring locally and accessibility.

"There is a fear in residents, a fear of displacement, of development intended to push them out of the community," says Scott. "Gentrification can affect them not just physically, but psychologically." EJDevCo's number one concern is involving those who never left the area - offering them priority opportunities and a voice in the planning stages.

"We want to drive positive change in the corridor and neighborhood, through visibility, attractiveness, safety



and opportunities," says Elling. "A place where long term Detroiters can prosper. By executing inclusive, sustainable neighborhoods through development without displacement, we put people and mission over profit."

JEI's neighborhood resource hub, offering financial opportunities to locals, will open in 2020, as well a new restaurant; an 1,800 sq. ft. retail space with three residential units; Marlborough Apartments (in a renovated 1927 building); IDAO Apartments and more. Also making headway is the Vanity Ballroom, which is in the predevelopment stage.

For updates on "Building Jefferson-Chalmers Together," visit buildingtogether.com.

The master plan "Building Jefferson-Chalmers Together" is part of a larger picture for JEI — a single example of the organization's developmental efforts, programs and initiatives.

To learn more about Jefferson East, Inc. and its mission, visit jeffersoneast.org.

Top, Kresge Building: Located at 14300-14308 E. Jefferson, this 6,200 sq. ft. building was constructed in 1926 for S.S. Kresge's Five and Dime Department Store. Most recently, the building was utilized as a Sam's Beauty Supply store. It has been vacant since the early 2000s. JEI is reopening this corner storefront for new retail, the future home of JEI's permanent headquarters and Alma Kitchen, a new fusion Asian and Mexican restaurant; above, Vanity Ballroom: On the National Register of Historic Places, the Vanity Ballroom is one of the last standing great ballrooms from Detroit's jazz era and a major anchor building in the Jefferson-Chalmers neighborhood. The building is currently in predevelopment.

Renderings courtesy of Jefferson East, Inc.



LET US DESIGN YOUR DREAM KITCHEN



at home in the Pointes

By Susan Bollinger

When an interior designer gets the chance to redecorate her own house, she takes the opportunity and runs with it.

“Knock yourself out, Pat,” said husband Marty Casey, and with that, Pat Casey, owner of Mack Ave. Drapery & Interiors in Grosse Pointe Woods, was off and running.

“It took about a year,” says Pat, who started with the floors in December 2018, and continued with updates to wallpaper, paint, draperies, furniture and accessories.

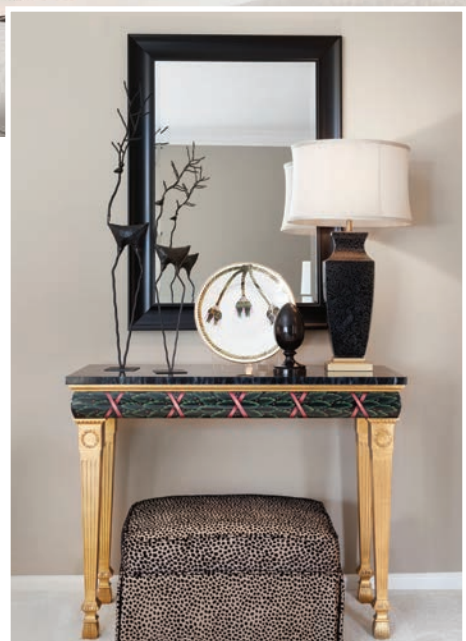
The couple have lived in their Grosse Pointe Farms semi-ranch for more than 27 years.

They discussed moving, “but if we were staying, I was redoing everything,” says Pat.

Renovations had already solved many of the drawbacks that come with traditional Grosse Pointe living. Over time, the Caseys had gutted and expanded the kitchen, added a bar and first-floor laundry and renovated all the bathrooms. Two of the three bedrooms are located on the main floor, each with its own bath.

Photos by Don Schulte Photography

FREE In-Home Estimates
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“Decorating is like a puzzle where the pieces fit together.”



Systematically making her way through the house, Pat gave each room a facelift. Favorite items — including a rug and painting — were her inspirations. Pops of color are found throughout, with black for drama. Walls are bathed in neutral tones, with the

exception of the dining room, where raspberry walls, a color plucked from the stunning floral rug, balance the furniture’s wood tones. Creamy white carpet, love seats and draperies allow an original oil painting by friend Joel Baird to take center stage in the living room. “It’s oversized and contemporary, and brings the space up to date,” adds Pat. Whimsical elephant prints complete the look. The library is the home’s “heart,” paneled in dramatic rosewood with exquisite molding and detail. Pat chose light hues for the furniture, adding some blacks and dark prints. All of the home’s custom-made wares, such as draperies, pillows, upholstery, shutters and more are from Mack Ave. Drapery & Interiors.



Photos by Don Schulte Photography

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She offers clients the same wisdom she has used to renovate her 1949 home:

First, "There is a reason behind the decisions I make; they are not random."

Second, "Decorating is like a puzzle where the pieces fit together."

And third, "We often use the words 'it's a process' when describing taking a job, large or small, from beginning to completion, because clients are often surprised how much detail and decision making is involved."

For the Caseys, the space — with its many decisions, puzzle pieces, new colors, textures and dramatic touches — has again become their "ideal." 

Photos by Don Schulte Photography



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PROGRESSIVE DETROIT BOAT SHOW

The Michigan Boating Industries Association announced that the 2020 Detroit Boat Show will move to Jan. 18-26 at TCF Center.

“We’re happy and excited to have the Detroit boat show moving to the new January spot! This will assist us in not only extending the selling season but being able to pass along the very best deals to our customers a full month earlier,” says Patti Smith, vice president of Silver Spray Sports in Fenton. “First quarter pricing plus getting customers’ orders to manufacturers earlier, will help our buyers be assured that their boats arrive exactly as they want them and on time for spring delivery. This is a win-win situation for customers, their families, and dealers alike!”

The show was able to move dates up to January due to the departure of the North American International Auto Show, which moved to June 2020. Like the Auto Show, new models and features are debuted at the Detroit Boat Show, making the show a must-see for current and new boaters. Unlike the Auto Show, the boat show is one-stop shopping with financing and purchasing happening right on the show floor.

Many dealers attribute up to half of their annual sales from sales and leads gained from this show.

The Detroit Boat Show is among the top shows in the country based on size, attendance and sales. The show spans more than 500,000 square feet at TCF Center and showcases hundreds of boats from top dealers from around Michigan and the Great Lakes.

Boating is big business in Michigan, having a \$7.8 billion annual impact on the state’s economy.

“It’s no secret that boating is a favorite pastime for Michiganders, and the numbers show that,” says MBIA executive director Nicki Polan. “We’re the third largest marine market in the U.S. and that is very impressive since we’re a four-season state. More than 40 percent of the people in Michigan get out on the water each year on a boat.”

More than just the boats to see, many features and

promotions make the Detroit Boat Show a great event that will entertain the whole family. A live and interactive stingray encounter, radio street teams with games and prizes, Kids Zone featuring water rollerz, a live mermaid, a take-home boat craft and more. Plus, enter to win \$1,000 to spend with an exhibitor at the show and a tropical getaway from Great Lakes Scuttlebutt!

For more information, tickets and show opening times, visit www.detroitboatshow.net.



Boat Show debuts a month earlier

By Ted Everingham

The 62nd Progressive Detroit Boat Show opens at the TCF Center (previously Cobo Center) on Jan. 18,

about a month earlier than in previous years. Among the top boat shows in the country, the 2020 Detroit Boat Show will fill nearly 500,000 square feet and showcase hundreds of boats from top dealers from around Michigan and the Great Lakes. The show runs nine days, including two weekends, Jan. 18-26.

More than 60,000 consumers are expected to attend the show to see and buy hundreds of boats, including new 2020 models as well as 2019 and 2018 model boats for fishing, skiing, wakeboarding and cruising — also paddle boats, kayaks, paddleboards and inflatables. The Detroit Boat Show also will offer exhibits to showcase boating accessories and services, including motors, dockage, water toys, skiing and wakeboarding gear, boating and fishing accessories, electronics, boat gear, nautical gifts, artwork and a whole lot more.

Jan. 20-24 are Career Days at the Detroit Boat Show. Students with a valid high school or college ID will be admitted free on those days to learn from industry professionals about careers in the boating industry at a marina or boat dealership, including marine technicians, sales, marketing, yard work and so much more.

For more information, including show hours, admission prices and special attendance days, visit detroitboatshow.net or call the MBIA at (800) 932-2628.

Ted Everingham is past commodore of Bayview Yacht Club and is on the board of the Grosse Pointe Youth Nautical Education Foundation.



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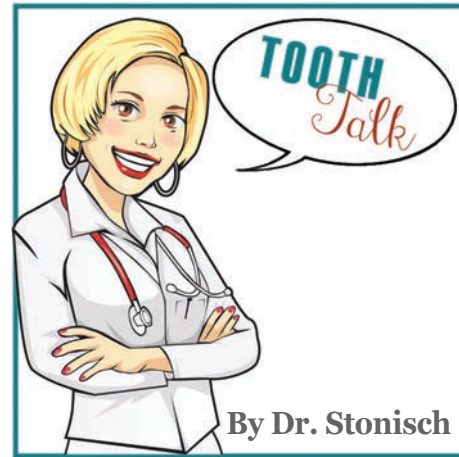
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POINTE | dentist



Healthy body ... healthy smile? Precisely. The latter relies on the former.

In today's society of fast food and pre-prepared meals, focusing on a balanced diet correlates to a beautiful smile more than we realize.

First, a quality, multi-vitamin is a must. It's a start for balancing where the typical American diet falls short. DNA repair is key, and the phytonutrients from vitamins assist in this regard similar to antioxidants from fruits and vegetables.

Additionally, reducing inflammation is critical to both your oral and overall well-being. A high-quality fish oil can assist our body's natural immune response to resolve this burden. Groundbreaking research has shown that Pro-Resolving Mediators, the beneficial marine lipids, provide additional support for those struggling from chronic inflammatory burdens.

All said, without a proper absorption process, the benefits outlined above will be minimal. A healthy body (and smile) relies on a healthy gut; enter probiotics and the need for saliva testing to determine the best probiotic for you. I recommend choosing a pharmaceutical grade product; the best of which based on my experience is Metagenics. Learn more at: faircourtdental.metagenics.com.

Dr. M.S. Stonisch is a general dentist practicing on Mack Avenue in Grosse Pointe Woods at Faircourt Dental. For information or to schedule an appointment call (313) 882-2000 or visit www.faircourtdental.com

POINTE | dermatologist

Sunblock issues for travelers

By Dr. Meredith Price

Wintertime is my favorite time to travel and escape the cold weather. And it's a great New Year's resolution to see more of the world.

With that, I'm always looking for the most convenient things to pack to keep myself and my family protected from the sun. But there's an added layer of complexity to the issue of sun protection, specifically sunscreens, depending on where your travel plans are taking you.



Some countries (and some stateside locations) have banned the local sale or use of certain sunscreen ingredients in the name of keeping our coral reefs and oceans healthy.

Although some may debate the validity of studies demonstrating potential harm to coral reefs by sunscreen, the bottom line is there are reef safe sunscreen options that are excellent and effective.

The main banned ingredients include oxybenzone and octinoxate, which are banned in the U.S. Virgin Islands, Hawaii, Key West, Aruba, Bonaire, Palau and certain areas of Mexico (specifically cenotes, a natural pit, or sinkhole, resulting from the collapse of limestone bedrock, especially associated with the Yucatán Peninsula). Look for zinc oxide or titanium dioxide as reef safe sunscreen ingredients that are welcome anywhere you wander.

Meredith Price MD FAAD heads Hamzavi Dermatology Grosse Pointe. Online at HamzaviDerm.com; on Instagram @gpdermdoc; on Facebook @HamzaviDermGrossePointe.

Join Us

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Meet Paige



Name Paige Somes
Age 31
City Grosse Pointe Woods
Occupation Mom and artist

Paige's Favorites

Season
Fall

Book
Circe by Madeline Miller

Music Genre
Too many!

Movie
The Holiday

Spot in Grosse Pointe
Any and all of the wonderful parks

Restaurant
Prime + Proper in downtown Detroit, BEST food I've ever had!

Food
Tacos!

Vacation
The Ice Hotel in Quebec, Canada

Dessert
The peanut butter pave from Prime + Proper. I've had dreams about this dessert!

About Paige

"I'm a stay-at-home mama to my wild and wonderful 2-year-old, Graham, and am married to the incredible yin to my yang, Freddie. We love going on family adventures, and are currently planning our first ever trip overseas. Ireland, here we come!
 In my spare time, I'm a dancer and am so lucky to have the opportunity to perform all over Michigan and share my creations with so many wonderful people!"

What is your favorite thing about living in Grosse Pointe?

I absolutely love where we live in the Woods! It's beautiful, our neighbors are so kind, and it's so walkable! One of our favorite things to do is take a stroll along Mack and visit the library, stop and grab a hot cocoa at Chocolate Bar Cafe, and finish up with a visit to the 'animal store' (Lou's Pet Shop)!

What are your two best personality traits?

Kind and creative

What is the best trip you've ever taken?

It's a tie between my trip in college to the Ice Hotel in Quebec (there's truly nothing like it!) and visiting the Colorado mountains for the first time ever with my husband, Freddie. It was breathtaking!

You win the million dollar lottery. What do you do?

Travel the world with my family and do a world history tour!

What is one thing most people don't know about you?

That I went to culinary school for Baking and Patisserie

What accomplishment are you most proud of?

Honestly, being a mother. It may sound cliché, but it's truly the hardest and most wonderful thing I've ever done and will ever do.

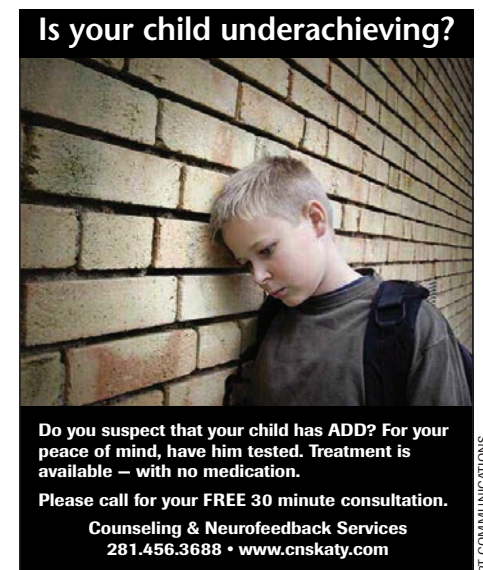
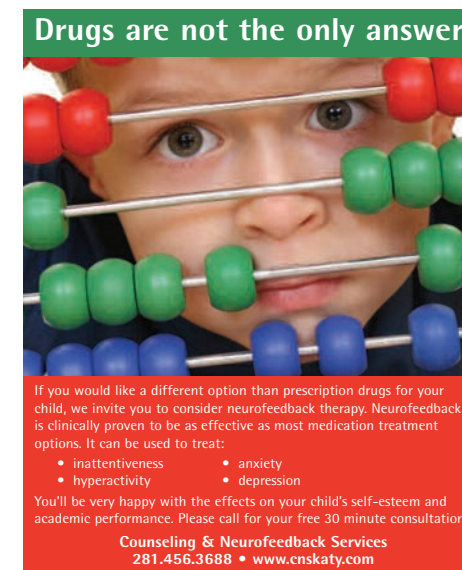
What is the best gift you've ever received?

Becoming a mama!

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- Fifty-six percent of readers took action as a result of viewing a magazine ad.

*Sources: Yankelovich; Affinity's VISTA Print Effectiveness Rating Service (2 and 3); VISTA Norms and Starch Adnorms

Magazines create relationships, which in turn increase sales. Shouldn't you be part of this equation?

This ad was created by Johnson Press of America.

COOKING

with CITY KITCHEN'S CHEF TOM DIEBEL

Chai Spiced Lamb Shanks



Chef Tom Diebel, of City Kitchen in The Village, walks us through the perfect winter time lamb shank recipe featuring one of his favorite winter drinks — chai tea

— in the form of a brine. “The brown butter in the brown buttered potatoes, that nutty flavor, the richness, goes so well this time of year. The root vegetables are in season,” he

says. “And a chai tea pairs nicely with the lamb shank.” He notes chai’s ability to offset lamb’s sometimes gamey taste. All combined and plated, “It’s a nice, hearty winter dish.” ☺

Chai spiced lamb shanks with roasted winter root vegetables, brown buttered whipped potatoes and natural demi

Serves 2-4
Prep time: 24-36 hours
Cook time: 2 hours and 45 minutes

Winter root vegetable
6-8 parsnips
6-8 carrots
2-4 rutabaga (optional)
4-5 turnips (optional)
E.V.O.O. to coat
Salt and pepper to taste

Directions

Brining the lamb

1. Combine the water, the pods, seeds, cinnamon, ginger, tea, salt and sugar into a large pot
2. Bring to a soft boil, making sure to stir slowly to dissolve all salt and sugar
3. Remove pot from heat and cool 15 minutes before placing ice cubes into the liquid
4. Place lamb shanks into a container that will support the weight of the lamb and allow enough room for them to be completely submerged in the brine. Or purchase a brining bag and follow the same steps
5. Brine the lamb under refrigeration for 24-36 hours (the longer the better) but do not exceed 36 hours
6. Remove from brine and let air dry in refrigerator over night or at room temperature for 1 hour

Braising the lamb

1. Heat conventional oven to 350 degrees
2. Place the lamb on sheet trays that have raised sides so no liquid will run off of the pan. Roast for 20-30 minutes
3. While roasting, rough chop the onions, celery and carrots and sauté in a large stock pot
4. Cook the vegetables at a high heat



Photos by John Minnis

Brown buttered potatoes
4-8 large russet potatoes
1 lb browned butter
1/4-1/2 cup heavy cream
Salt and pepper to taste

Ingredients

Brine and lamb shanks

- 2-4** lamb shanks
- 12 cups** cool water
- 16** green cardamom pods
- 2 tsp** fennel seeds
- 2** (2-inch) cinnamon sticks
- 2** (1-inch) pieces fresh ginger, sliced into coins
- 24** black tea bags
- 1 cup** kosher salt
- 1/2 cup** brown sugar
- 10** ice cubes

Braising liquid

- 1 gallon** cold water
- 2** each Spanish onion
- 3** stalks celery
- 2** each carrots
- 1/2 cup** beef base
- 2** sticks butter
- 6** pieces of fresh thyme
- 3** pieces of large fresh rosemary
- 8** each black peppercorns

Natural demi

- Reserved braising liquid
- 1 cup** cold small diced butter

- for 4-8 minutes with a little olive oil (grapeseed is ideal)
- 5. Once the vegetables have been sautéed, add the remainder of the ingredients and bring to a simmer
- 6. Remove lamb shanks from oven and place them into a Dutch oven or braising pan
- 7. Cover lamb with stock and cook in a conventional oven for 2 hours and 45 minutes at 325 degrees
- 8. Remove from oven and check doneness of lamb by using a paring knife to poke the lamb to the bone insuring proper tenderness (it should start to fall off of the bone)
- 9. Remove half of the braising liquid from the pan for the natural demi. Let cool in remaining braising liquid while making the demi

Natural demi

1. Take reserved braising liquid and place into stock pot and bring to a boil
2. Reduce the heat to low and continue cooking for about 10-15 minutes
3. Dice butter (cold) into a small dice and slowly add while consistently whisking until all the butter is incorporated

Winter root vegetables

1. Wash, clean and peel each vegetable
2. For the carrot and parsnips, cut on a 45-degree angle making long coin shapes
3. For the rutabaga and turnips, cut into medium size pieces about 1/2 inch by 1/2 inch thick
4. In two separate bowls, combine the carrots and parsnips together, season with oil and salt and pepper
5. Repeat with the rutabaga and turnips
6. Place vegetables on separate sheet trays and cook for 30-45 minutes or until fork tender at 350 degrees in a conventional oven

Brown buttered potatoes

1. Peel, wash and dice potatoes into large dice
2. Place in a pot and cover with water and bring to soft boil, reduce heat and cook until fork tender (about 25-35 minutes)
3. Meanwhile, place the butter in a separate pot and put over low-medium heat
4. Cook the butter until it browns (about 6-10 minutes). Be careful, it burns quickly
5. Remove butter from heat
6. Place cooked potatoes in a mixer or a ricer and whip potatoes only until smooth (do not over whip, incorporating butter and cream slowly)
7. Season with salt and pepper to taste

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DINING GUIDE

Ardmore — St. Clair Shores Gem

26717 Little Mack, St. Clair Shores • (586) 443-4597

For lunch we offer an array of salads, sandwiches, hot entrees and new specials daily. A few of our wonderful dinner menu items include steaks, lamb chops, stuffed salmon and 1/2 roasted duck. We also offer selections from a full bar to complement your meal. Book your wedding, rehearsal dinners, baby showers, birthday parties or funeral luncheons with us; prices starting at \$13.95 per person. Ardmore Park Place — it's more than dining; it's a shopping experience. We are located on Little Mack in St. Clair Shores, just north of Frazho Road (10 1/2 Mile).

Enjoy pianist Don Farrah every Thursday evening 6-9 pm. 1/2 off all cocktails, beer and wine!

Our next 5-Course Wine Tasting Dinner is Wednesday, February 12, 7-10 p.m., featuring VALENTINE appropriate pairings. The cost is \$75 (tax and gratuity included). Please make reservations early as seating is limited!

Hours: Lunch: Tue-Sat 11am-3:30pm; Dinner: Thurs-Sat 5-8:30pm
Web: www.ardmoreparkplace.com



Atwater in the Park

1175 Lakepointe, Grosse Pointe Park • (313) 344-5104

Atwater in the Park is situated in downtown Grosse Pointe Park in the former Grace United Church, a nondenominational church built in 1936. Atwater Brewery owner Mark Rieth transformed the church, beautifully preserving much of the original structure, and opened as neighborhood brewery and restaurant in 2014. The Park's 40 taps pour many of your Bavarian-style Atwater favorites alongside Brewer Brad Etheridge's own exclusive beers, plus wines and Atwater Spirits. The full-service restaurant serves delicious pub fare and German-inspired cuisine in our Main Dining Hall year-round or in our traditional Biergarten during the warmer months. Follow us on Facebook and join our Mug Club for even more fun! Hosting a private party or event? Our main dining room can sit up to 75 people, and our private room, The Munich Room, can hold 35. Please contact: parkgm@atwaterbeer.com if you are interested in hosting your next event at a one of a kind venue! We hope to hear from you very soon ... Prost!



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Web: atwaterbeer.com



Blufin Sushi ... EXPANDED DINING, FULL BAR!

18584 Mack Avenue, Grosse Pointe Farms • (313) 332-0050

Blufin is located on Mack just south of Moross. We have a great atmosphere in a cozy setting. At Blufin, we offer fresh, healthy foods using only the finest ingredients. We offer a wide variety of sushi, including our signature rolls like the Blufin, Las Vegas and Grosse Pointer made with only the freshest Alaskan King Crab. All our rolls are plated with amazing artistry. Also on our menu are entrees such as Japanese fried chicken, ahi tuna, Mongolian Beef, fried rice and tempura vegetable. Blufin Sushi has so many items to choose from we can't list them all. We also offer salads, soups, sliders, desserts and a kids menu consisting of chicken fingers, grilled chicken, fish tacos, etc. We now have our liquor license serving sake, wine, beer and cocktails.



Hours: Mon-Wed 11:30am-10pm, Thur-Sat 11:30am-12am, Sun 11:30am-10pm
Happy Hour: Mon-Thur 2:30pm-5:30pm
Web: www.blufinsushigp.com



Champs Rotisserie & Seafood

20515 Mack Avenue, Grosse Pointe Woods (3 blks. S. of Vernier) • (313) 886-7755

Champs is located on Mack just three streets south of Vernier. Our soups, sauces and dressings are housemade daily using only the freshest ingredients from Michigan companies when possible. Champs is known for its Rotisserie Ribs and Chicken, served with our homemade BBQ sauce for which Champs has been known for the past 52 years since it was the BBQ House of Grosse Pointe. We also offer an exquisite variety of seafood, salad entrees, sandwiches, appetizers and a full children's menu. We also offer daily specials that we have become known for. For those warm nights, enjoy our patio with a big screen TV or you may choose to stay inside and snuggle by our beautiful fireplace. With this unique atmosphere, comes a full-service bar to make your dining experience complete. Call ahead on those busy days for a carry-out. Our specially designed carry-out boxes will ensure your food gets home fresh and hot. We will cater your next event. Call and speak to one of our catering specialists. Order off our catering menu or create your own.

CHAMPS IS NOW OPEN FOR LUNCH!

Come and enjoy some of our original dishes that we are known for, as well as lunch favorites — Tuna plate w/fresh fruit, 1/2 sandwich & a cup of homemade soup and numerous salads to which you can add Chicken, Shrimp, Tuna/Chicken Salad or Salmon!

Hours: Mon-Thurs Noon-10pm, Fri-Sat Noon-11pm, Sun Noon-10pm
Web: www.ChampsRotisserie.com



City Kitchen

16844 Kercheval, Grosse Pointe • (313) 882-6667

Located in the heart of The Village, City Kitchen prides itself on being a unique neighborhood eatery that serves quality fare in an upscale, yet relaxed and casual setting, as well as carry-out and on- and off-site catering. The restaurant offers fresh seafood from Foley Fish Co., Boston's famous fish house, as well as Great Lakes perch, pickerel and Lake Superior whitefish delivered daily. From the grill, try "Certified Angus Beef" New York strip or tenderloin steaks and some of the best burgers in town. Also enjoy seasonal salads, desserts, appetizers and wood-fired pizza. Join us at our bar for Happy Hour Monday-Friday from 4:30 to 6:30 p.m. and enjoy your favorite cocktail, beer or wine of your choice at our special Happy Hour pricing.



Hours: Lunch: Mon-Fri 11:30am-3:30pm
Dinner: Mon-Thurs 4:30-9:30pm, Fri 4:30-10pm, Sat 5-10pm, Sun 4-9pm

Web: www.city-kitchen.com



Photo by Donald Schulte

Dirty Dog Jazz Cafe

97 Kercheval, Grosse Pointe Farms • (313) 882-5299

Winner of *Hour Detroit Magazine* awards for 2010 Restaurant of the Year and Best Chef 2010 & 2011, the Dirty Dog Jazz Cafe features top guest musicians and award-winning food. Two-time "Best Chef" winner André Neimanis offers an American bistro menu in a well-appointed, 65-seat dining room with white-linen round tables surrounded by red-fabric walls with dark wood, wainscoting, Tudor carriage lights and dog-themed paintings and sculptures. Favorites include Steak Burger with Foie Gras, Beef Short Rib, Salmon Filet and Chicken Pasta to name a few! Live Jazz Tuesday through Saturday offers patrons a unique and memorable experience (reservations are strongly recommended). Private dining is available for up to 25 people in The Boardroom, which also features full meeting and conference capabilities.




Hours: Tues 11:30am-8pm; Wed-Thur 11:30am-10pm; Fri 11:30am-11:30pm; Sat. 4pm-11:30pm

Web: www.dirtydogjazz.com



Irish Coffee Bar and Grill HOME OF THE ORIGINAL BAR BURGER!

18666 Mack Avenue, Grosse Pointe Farms • (313) 881-5675

Irish Coffee Bar and Grill has been a staple on Mack Avenue in Grosse Pointe Farms for **40 YEARS**, notable for their fantastic bar burgers (1/3 lb ground rounds) and numerous coffee cocktails. Three high-definition TVs make this neighborhood bar a great place to watch the game. Swing by after the game or any entertainment event in the area, bring your ticket stub and your burger is only \$2.96 with purchase of a beverage! The daily lunch special is the best in town: dine-in between 11 a.m. and 5 p.m. and for \$6.95 have a ground round, fries and your choice of beverage (domestic draft beer or pop). This is also good for a fish sandwich or a grilled chicken sandwich. This family-owned restaurant is a great spot for young and old, and there is something on the menu for everyone. The homemade onion rings are a local favorite, and the fresh and hand-battered yellow-belly perch are particularly popular among seafood lovers. Numerous corned-beef sandwiches top off the menu with a true, Irish flare. The grill is open until 1 a.m., seven days a week! Hope to see you there! 

BE SURE TO BRING YOUR SWEETIE BY ON VALENTINE'S DAY, THURSDAY, FEB. 14!


Hours: Mon-Sat 11am-2am; Sun 5pm-2am

GRILL OPEN UNTIL 1 A.M., 7 DAYS A WEEK!



Little Tony's Lounge

20513 Mack Avenue, Grosse Pointe Woods • (313) 885-8522

Little Tony's is Grosse Pointe's favorite Bar & Grill. A place where families and friends have gathered for over 50 years for good food and good cheer. Cozy, quaint and warm. A real neighborhood bar, where locals meet and everyone really does know your name. Serving only the freshest of Ground Rounds (never frozen), Little Tony's has made a name for itself as "the place" to go on the east side for Great Burgers. Cooked to order and served with an array of extras, you are sure to have your burger craving satisfied here. Our extensive bar is complemented by a great selection of beers, liquor and wines. Tony and Ellen Alfonsi, who have owned and operated Print Xpress in Grosse Pointe Woods since 1981, are keeping up the tradition of serving the "Best Burgers on the Eastside." So stop in, they would love to introduce themselves! 

Lunch Specials \$7.95 M-F 11am-3pm

Happy Hour M-F 3-6pm


Hours: Mon-Sat 11am-11pm

Web: www.littletonyslounge.com



Luxe Bar & Grill

115 Kercheval, Grosse Pointe Farms • (313) 924-5459

Luxe is the neighborhood spot that serves quality food, drink and atmosphere — without pretense. Hospitality is our passion — quality and taste are the priority. We believe the character of a bar is its patrons, and we welcome all seeking food, company and friendly conversation to enjoy our charmed local bar. An eclectic menu features fantastic Prime Burgers on homemade brioche buns, as well as scratch soups, salads and entrées, including chicken, salmon, lamb chops and steaks in a variety of different daily preparations. Chef Nikola Culakovski embraces various elements of traditional and new American cuisine. 


Hours: Daily 11am-1am (Kitchen closes at midnight.)

Web: www.luxebarandgrill.com



Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680


As Mack Avenue Grille enters its seventh year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. Of course, they are not forgetting what made Mack Avenue Grille more than a diner. They will continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here! 

Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Piccata and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. **Tuesday is half-off pizza all day**, dine in or carry out. 

➔➔➔ WEDNESDAYS: 2 SIGNATURE PASTA DISHES AND A BOTTLE OF WINE — \$38! ➔➔➔

Hours: Mon-Thurs 4-10pm; Fri-Sat 4-11pm; Sun 3-9pm

Web: www.pepperonigrillescs.com



Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

Monday - Burger Bash (burger and fries) \$5.99!

Tuesday - 1/2 off pizza! \$3 Boombas 10 p.m.-close

Wednesday - All you can eat Perch \$12.99, 4-9 p.m. **Ladies Night featuring a Designer Purse raffle!**

Thursday - Fajita Frenzy \$11.99; Rib Riot (1/2 slab with fries) \$11.99

Sunday - Prime Rib \$15.99

All Day, Every Day - Craft Beer of the Month, \$3.75/pint; Domestic Draft Feature, \$2.75/pint; \$3.50 Shot Specials

Hours: Mon-Sat 11am-2am; Sun Noon-2am

Web: www.shoresinn.com



DINING GUIDE

Sierra Station La Cantina — Celebrating 40+ Years!

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 42 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of seating 40 guests. Join us on Thursdays for \$3 Jumbo Margaritas. Carry-outs available.



Hours: Lunch: Thurs-Fri 11:30am-1pm
Dinner: Open daily at 5pm
Web: www.sierrastationgpp.com



Photo by Donald Schulte

Telly's Place

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 35 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution.



Monday - \$4 Margaritas
Tuesday - Bar Bingo 9 p.m.-Midnight. WIN gift cards!
Wednesday - \$5 Specialty Martinis
Thursday-Saturday - Live Entertainment
Sunday - .50 Wings (dine-in only) and \$2.50 Domestic Beers

HAPPY HOUR 7 DAYS A WEEK 3-6 PM: \$1 OFF ALL DRINKS AND \$4.99 SELECT APPETIZERS

Hours: Mon-Sat 11am-Close; Sun noon-Close
Web: tellysplace.com



Villa Restaurant and Pizzeria

21311 Gratiot Avenue, Eastpointe • (586) 778-1780

Loretta, Tony, and Joe are the third generation of the Palleschi family to operate the Villa. Following in the footsteps of their grandparents, Antonio and Arcangela and parents Orlando and Anna, they maintain the family tradition of authentic, home-style Italian cooking started in 1956. The restaurant has experienced numerous expansions and renovations over the past 63 years, but remains in its original location. One thing that has not changed over the years is their commitment to offering a quality meal in a comfortable setting at a moderate price. Customer favorites include: veal parmigiana, baked spaghetti, lasagna, chicken marsala, ravioli, and of course hand tossed round pizza, cooked in a stone oven. For those who prefer deep-dish pan pizza, Villa's is unrivaled. To complete your meal Villa offers several desserts such as: tiramisu, lemon ice, spumoni and of course handmade cannolis. A fine selection of beer, wine and liquor is also available. If you have never tried Villa, stop by and see why they have been an Eastside favorite for over six decades. The family motto has always been, "Let our family serve your family."



Located minutes from the Pointes



WE REALLY RANK!

Hours: Mon-Sat 4-10pm, Sun 2-9:30pm



DINING GUIDE

Village Grille

16930 Kercheval, Grosse Pointe • (313) 882-4555

Located in The Village for 25 years. Family friendly restaurant and sports bar offering: daily lunch and dinner specials, 25 draft beers, Keno, Garden and all new Soup Bar featuring 6 house-made soups every day! Planning a party? Ask about our full service catering or check out our private banquet room which will accommodate up to 60 guests and offers a variety of menu packages suitable for any event and budget: Showers, rehearsal dinners, team parties, business meetings and receptions!



Late Night Happy Hour
7 days a week after 9:30 p.m.
Half off Pizza • \$5 Nachos • 2 for \$10 Appetizers • Drink Specials and more!

Hours: Open daily 11am
Web: www.villagegrillgpp.com



Watermark Bar & Grille @ Jefferson Beach Marina

24400 Jefferson Ave., St. Clair Shores • (586) 777-3677

The Watermark is Fine Dining at its Best — With its amazing views and classy but casual atmosphere, Watermark Bar & Grille is your go-to place for drinks after work, a date with that special someone or that special event, or just a dinner out with the family. Louie and Dino Ropotos, owners of the popular Mack Avenue Grille, invite you to come by boat, car, bicycle or on foot to their newest culinary venture — the Watermark Bar & Grille at Jefferson Beach Marina on the Nautical Mile in St. Clair Shores. The Ropotos brothers have converted the former nightclub into a family-style waterfront restaurant. Like they have done at Mack Avenue Grille, all our food — from salads, to burgers, to Lobster Mac & Cheese and daily fish specials — is made from the freshest ingredients purchased daily. And you won't want to miss our great pizza offerings straight out of our new, state-of-the-art pizza oven! Our fabulous 40-stool bar and some 40 dining tables inside — not to mention the outdoor bar and deck — can accommodate any crowd. Come in check out what everyone is talking about — the Watermark Bar & Grille!



OPEN YEAR-ROUND!

Hours: Daily 11am-Close
Web: www.watermarkbarandgrille.com



*Pointe Magazine
Dining Guide Listings
Mean Business!*

Party in the Park* Sept. 7 @ Home of Dr. Charles Okulski

Photos by Rene Landuyt

*Grosse Pointe Park Foundation fundraiser



Ken Welch and Penny Hale



Jim and Melissa Denner and Nancy and Mayor Bob Denner



Patricia Ellis and Dick Strowger



John and Lucy Prost and Don Berschback



Hon. William Giovan and Susan Sisk



Stephanie Germack and Judge Kathleen Jansen

Sip, Savor & Support* Sept. 19 @ Tompkins Community Center

Photos by Renee Landuyt

*The Family Center of Grosse Pointe & Harper Woods fundraiser



Patti Groezinger, Claudia Gram and Andrea Mattei



Beth Walsh Sahutske and Matt Sahutske



Sandy Riney, Bob and Mary Alice Simpson and Rania Routsis



Judy Gafa and Pam Paris



Steve and Wendy Lawrence, Christina Pitts and Lynne Aldrich



Pam McShane and Nancy Nihem

Cruise for a Cause* Sept. 12 @ The Ovation

Photos by Lauren McGregor

*Grosse Pointe Rotary fundraiser



Kim and Murray Davis



Margot Finkelmeier, Eva Finkelmeier, Johann Finkelmeier and Liz Vogel



Diane and Ronald Strickler



Nancy Gandelot, Pam Stanton, Kelly Mozena and Meredith Tomatore



Marcia and Ted Everingham



Pat and Irena Politano and Paige and Gary Niehaus

Masquerade for the Stacks Oct. 5 @ Country Club of Detroit

Photos by Renee Landuyt

*Friends & Foundation of the Grosse Pointe Public Library fundraiser



Allison and Beth Vernon



Ann Marie Aliotta, Suzy Berschback and Betsy Schulte



Jessica and Everett Keyser



Laura Romine and Kathleen Gallagher



Renee and Kevin Ketels



Stephanie Glazier and Annie Spence

The Helm Gala & Auction* Oct. 10 @ Grosse Pointe Yacht Club

Photos by Christine M.J. Hathaway

*Auction fundraiser for The Helm at the Boll Life Center (former Services for Older Citizens)



Daniel Griffin and Mary Wilson



Tammy Haney, Jim Mestdagh, Joe Haney and Kris Mestdagh



Jim Nicholson and Madeleine and Allan Phillips



John and Marlene Boll



Lowell, Peter, Bettejean and John Ahee, Pam Ahee Thomas and Chris Ahee



Mike LeFevre and Suzy Starnes

Bishop's Dinner Oct. 24 @ The Henry Ford

Photos courtesy of the Guest House



Archbishop Allen H. Vigneron, Father Edward Zaorski and Jeff Henrich



Emcee Chuck Gaidica, Bishop Donald Hanchon and Robert A. Babinski



Debra Jay and Monsignor Todd Lajiness



Father Edward Zaorski and Father Edward Prus



Chuck Gaidica and Tony Petz



Karen Murphy and Wanda Wallis

Meet January



Name	January Thomas
Age	41
City	Grosse Pointe
Occupation	Owner, Massage Green Spa

Massage Green Spa

Wellness and self-care are essential for a healthy life, and Massage Green Spa's introductory one-hour full body massage, at just \$59.95, is wellness within reach. Along with Swedish, Deep Tissue, Reflexology, Prenatal and Sports massages, the spa also offers facials and an infrared sauna, plus additional add-ons you can add to your services.

A membership plan offers monthly services for \$59.95. There are no fees to sign up or cancel, and multiple monthly charges can be used together for a longer massage and/or facials.

We have two locations to serve you:

St. Clair Shores - on Mack between 8 & 9 Mile; 21920 Greater Mack, St. Clair Shores; (586) 777-7030

Grosse Pointe - in The Village, behind Kercheval; 664 St. Clair Street, Grosse Pointe; (313) 438-5050

About January

"I am an MSU grad and a proud Spartan. I was married (to Charles) in 2007 and have three beautiful children, Charlie, 10, Olivia, 8, and Ella, 4. We also have a dog, Kona, 11.

My kids are into all kinds of extracurricular activities. Travel hockey and baseball, softball, dance and gymnastics. I enjoy watching it all!

When we can find some spare time, I love to snow ski and have enjoyed teaching my kids to ski as well. We also love to travel and one of our favorite places to go as a family is Aruba."

What was your first job?

At a construction company — I copied blueprints, answered phones, etc. I was 15.

What is your favorite thing to do outside of work?

Travel and spend time with my family.

Why did you want to become a spa owner?

I wanted to open the spa because I wanted to be my own boss and build something of my own. Health and wellness was becoming a new concept and I thought the timing was just right.

What is the best advice you have received?

Be kind. Treat others as you would like to be treated.

What would you be if you weren't owner of Massage Green Spa?

If I could do it all over again, I'd like to be a pharmacist.

Tell us something about you that most people don't know.

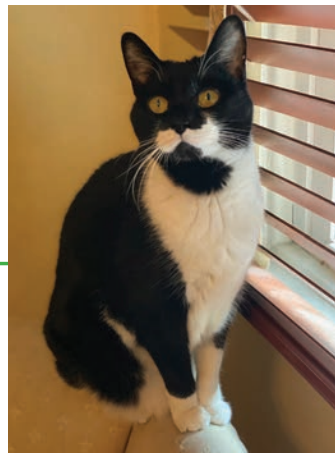
I have no middle name. I think my parents had a hard time choosing a first name, just couldn't pick a second one!

Words to live by?

Don't compare. And you are stronger than you know.

pets

Molly welcomes your hi-res Pointe Pets pictures at Lauren@grossepointemagazine.com.



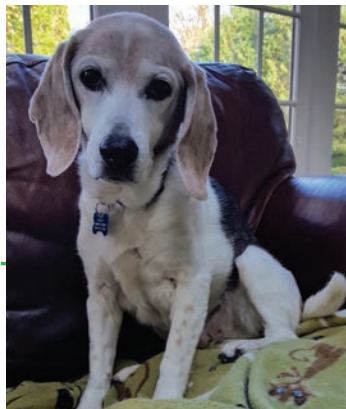
Sasha

Sasha, 12, lives with her papa, George, in Grosse Pointe Park and loves her catnip!



Scruffy

"Me and my dad 'Tom' are growing old together — white hair and lots of memories over 14 years!"



Hailey

Hailey, 17, was adopted from Grosse Pointe Animal Adoption Society. She is a sweet, old Beagle who still loves her walks and racing home down the street. Even though she sleeps a lot, she likes being with her family and friends, especially Daddy, Alexa, Addy, Yia Yia, Papou, Rene and Uncle Bob.



Emilio

This is Emilio and his human brother Kallahan. He is a very caring cat.



Chester

Chester wonders why there aren't any presents under the tree for him!



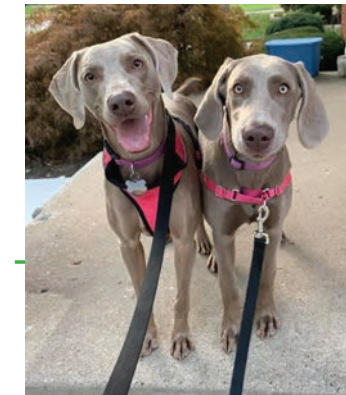
Bella & Franklin

Bella rules the roost but goofy Franklin doesn't mind.



Lucky & Brownie

Lucky and Brownie are twin brothers. They are just as loving as they are cute!



Remi & Winnie

The Weims, Remi, 2, and Winnie, 9 months, love going for walks!

Does your cat hate going to the vet?

By Dr. Bridget Wright

One of the most important ways to help our pets live long and healthy lives is to have an annual examination by a veterinarian.

Trips to the vet, however, can be easier said than done with our feline companions! There are a few ways we can help reduce their stress and make the trips easier.

Cats are more comfortable with things familiar to them, and it can take days or weeks to build trust; so it's helpful to bring the carrier out ahead of time. Even better, it may be helpful to leave the carrier out constantly.

Entice your kitty to go in the carrier by leaving catnip, treats or even their dinner in the carrier, and leave it out overnight for them to explore. We also recommend using familiar bedding, and consider using a synthetic feline facial pheromone calming spray (e.g., Feliway) on the bedding 30 minutes prior.

Once home, your kitty will probably smell like the clinic to their pet siblings, so wait a few minutes with the carrier on the floor to make sure the other cats in the house are calm and accepting. If the other cats in the home seem upset, it is best to separate your cat to another room for about 24 hours.

If your kitty is still too stressed, we recommend talking to your veterinarian about different medication options. There are now some very useful medications which can be given to your cat ahead of time to reduce the stress experienced before, during and after vet visits.

Dr. Wright is a recent graduate of Iowa State University, and joined Harper Woods Veterinary Hospital in July of 2015.



Harper Woods Veterinary Hospital

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- Dr. Jennifer Khalifah •Dr. Nancy Pillsbury
- Dr. Stephanie Bagwell •Dr. Bridget Wright
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January

Calendar

February

Calendar

11 SATURDAY

- Grosse Pointe Theatre presents “Guys and Dolls” at Grosse Pointe North’s Christian A. Fenton Performing Arts Center, tickets at gpt.org, 2 p.m. and 8 p.m.

12 SUNDAY

- The War Memorial Brunch and Concert featuring Sean Dobbins, jazz drums, tickets and information at warmemorial.org, 11 a.m. - 1:30 p.m.
- Grosse Pointe Theatre presents “Guys and Dolls” at Grosse Pointe North’s Christian A. Fenton Performing Arts Center, tickets at gpt.org, 2 p.m.

13 MONDAY

- The Family Center’s Play Central at Barnes School Gym, Monday and Wednesday mornings through April 29, weekly drop-in play program that allows children to enjoy a wide variety of toys and games to enhance large and small motor skills; parents and caregivers have an opportunity to interact, finding friendship, support and advice; \$5

per family, 9-11 a.m.

16 THURSDAY

- Grosse Pointe Theatre presents “Guys and Dolls” at Grosse Pointe North’s Christian A. Fenton Performing Arts Center, tickets at gpt.org, 7:30 p.m.

17 FRIDAY

- Grosse Pointe Theatre presents “Guys and Dolls” at Grosse Pointe North’s Christian A. Fenton Performing Arts Center, tickets at gpt.org, 8 p.m.

18 SATURDAY

- Detroit Boat Show at TCF Center through Jan. 26
- Grosse Pointe Theatre presents “Guys and Dolls” at Grosse Pointe North’s Christian A. Fenton Performing Arts Center, tickets at gpt.org, 2 p.m. and 8 p.m.

19 SUNDAY

- Grosse Pointe Theatre presents “Guys and Dolls” at Grosse Pointe North’s Christian A. Fenton Performing Arts Center, tickets at gpt.org, 2 p.m.
- Grosse Pointe Chamber Music Concert

at The War Memorial, tickets and information at warmemorial.org, 2:30-4:30 p.m.

20 MONDAY - Martin Luther King, Jr. Day

24 FRIDAY

- Gryphon Trio — Beethoven Cycle No. I at The War Memorial, tickets and information at warmemorial.org, 7:30-9 p.m.

25 SATURDAY

- Grosse Pointe Woods Winterfest at Ghesquiere Park, featuring ice skating (bring your own skates), cookies and hot cocoa by the fire, outdoor games, a petting zoo, pony rides, a photo booth, food trucks, a meet and greet with characters from ‘Frozen,’ 11 a.m. - 3 p.m.
- Grosse Pointe Park Chilly Fest at Windmill Pointe Park and Patterson Park, \$5 tickets, chili cook-off, inflatables, s’mores, four wheel saucer rides, face painting, arcade games, balloon artist, costumed

characters, skating performances, chair massages and nail services, food by The Park Café, K-Line Trolley to and from Patterson Park, festival takes place 12-4 p.m.

- Grosse Pointe City Winter Fest and Pig Roast at Neff Park, featuring curling, scavenger hunt with prizes, ice sculpting, ice skating, petting farm, a hockey shoot out, broomball, warming fires, free hot chocolate and s’mores, special photo opportunities with a magical guest star, catered meal for \$5, activities begin at 1 p.m.
- Grosse Pointe Public Library’s Night in the Stacks: Kick off the Roaring Twenties with AireyB & Her Blues Boys at Ewald Branch, information and tickets at grossepointelibrary.org, 7-9:30 p.m.

26 SUNDAY

- Grosse Pointe Artists Association presents Your Old Mansion lecture series at The War Memorial, featuring Cranbrook Curator Kevin Adkisson with an inside look at his challenges as the person responsible

for conserving, updating and sharing three historic homes, tickets at grossepointeartcenter.org/events or (313) 881-3454, lecture at 2 p.m.

30 THURSDAY

- Grosse Pointe Chamber of Commerce Annual Membership Dinner & Pointer of Distinction Awards at The War Memorial, tickets at grossepointechamber.com, 5:30-9 p.m.
- Grosse Pointe Artists Association presents renowned artist Chris Page in a lecture free and open to all at The War Memorial, a talk on his process as an artist and a preview to a workshop he will be offering the weekend of Feb. 8 and 9, lecture at 7 p.m.

01 SATURDAY

- Grosse Pointe Chamber Music Children’s Concert at The War Memorial, tickets and information at warmemorial.org, 10-11 a.m.
- The Met: Live in HD screening at The War Memorial, tickets and information at warmemorial.org, 12:55-4 p.m.
- St. Paul Catholic School Auction 2020, Building Faith in Our Future, at Grosse Pointe Yacht Club, more information at stpaulonthelake.com/auction-2020

07 FRIDAY

- Friends of the Grosse Pointe Library Book Sale at Woods Branch, 10 a.m. - 4 p.m.

08 SATURDAY

- Friends of the Grosse Pointe Library Book Sale at Woods Branch, 10 a.m. - 3 p.m.
- Grosse Pointe Artists Association presents a workshop by renowned artist Chris Page, for information and to register for the weekend workshop, visit grossepointeartcenter.org/classes

or call (313) 881-3454

09 SUNDAY

- Grosse Pointe Symphony Orchestra Concert at The War Memorial, tickets and information at warmemorial.org, 7-9 p.m.

14 FRIDAY - Valentine’s Day

16 SUNDAY

- Grosse Pointe Chamber Music Concert at The War Memorial, tickets and information at warmemorial.org, 2:30-4:30 p.m.

17 MONDAY - President’s Day

23 SUNDAY

- The War Memorial Brunch and Concert featuring Cliff Monear, jazz piano, tickets at warmemorial.org, 11 a.m. - 1:30 p.m.
- Grosse Pointe Artists Association presents Your Old Mansion lecture series at The War Memorial, featuring Detroit’s graffiti era, a panel including photographer Bruce Giffin, Angela Wyrembelski and Amy Peterson, tickets at grossepointeartcenter.org/events or (313) 881-3454, lecture at 2 p.m.

29 SATURDAY

- The Met: Live in HD screening at The War Memorial, tickets and information at warmemorial.org, 12:55-4 p.m.
- Our Lady Star of the Sea Catholic School annual fundraising gala “The Derby” at Country Club of Detroit, information and tickets available at (313) 423-9104 or OLSOS-Auction.org



WINTER
FESTIVALS
ACROSS THE
POINTES

Be sure to check with your city for details on fun ways to celebrate winter in January and February!

Make a New Year's commitment to your *mental* health in 2020



Amy Lawrence-Skwiers, LMSW

By Anne Erickson

While getting physically in shape or losing weight is a common New Year's resolution, mental health is an often unconsidered factor.

"The issue with judging ourselves by what we achieve is the counter to that, in which we then judge ourselves in terms of where we fall short," says Grosse Pointe Woods resident Amy Lawrence-Skwiers, LMSW, owner and lead therapist at Abundant Wellness in St. Clair Shores.

"Considering that upwards of 80 percent of all New Year's resolutions see their demise by mid-February, by setting a traditional resolution, one is likely setting oneself up to fail. That is definitely not a prosperous way to kick start a fresh New Year," she says. "A more successful way to implement lasting changes is to set an *intention*. Where resolutions focus on outcome, intentions focus on the process as a whole."

Lawrence-Skwiers says to, "First and foremost, resolve to not set traditionally unsuccessful New Year's resolutions. Instead, look toward intention."

Her top ways to stay mentally healthy in the New Year are:

- **Meditate.** This can be as simple as focusing on your own breath for a couple minutes each day, finding a guided meditation online or signing up for a class. Regardless of what route you take, any mindful practice will decrease your stress and increase your focus.
- **Drink more water.** Water is not only necessary for survival, it enhances our physical and

mental functioning. The easiest form of self-care you can give to yourself is to stay well hydrated. At a minimum, aim to follow the 8x8 rule which is eight ounces of water, eight times a day.

- **Move your body.** This does not mean you have to train for a triathlon. If you are dedicated to a regular or intense fitness program, keep it up. If you are more sedentary, start with just moving your body more than you have been. Park your car in a parking spot that is further away than usual. Start or end your day with a walk around the block. Dust off the dog's leash. Find a low impact routine online you can do at home. Anything is better than nothing.
- **Practice Gratitude.** Notice the positive. Be the positive. Spread the positive. Whether it's through journaling or self-

reflection, focusing on being thankful for what is important and valuable in our lives increases well-being.

- **Choose a one word mantra.** Keep it simple and choose one word to act as your guiding light. Grow, Create, Accept, Family, Heal. The one word approach can be incredibly powerful as you let it become the benchmark of your new year.

Lawrence-Skwiers' favorite thing about working as a therapist is "the authentic human connection."

"So many of our day to day human interactions are surface level, even superficial at times," she says. "I find beauty in the deliberateness of connection I share with my clients. Their bravery, their rawness, their desire to understand themselves to further evolve and the fact that they entrust me to be on that journey with them...they are my people."

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FELIX ANNUS NOVUS

(Happy New Year)

By Ronald C. Strickler, MD MBA

Turn Janus once more your Picasso
Two-faced smile and smirk;
Mirror-image, distorted reflection
For each year brings its quirk.

The Janus whom we usher in
With ebullient expectations,
Is the Janus who departs
With chaotic commendations

How many years has earth turned
Around its life-giving sun?
How many times has mankind upturned
Failure into fruition?

How many years have seasons changed
So life knows spring and fall?
How many times has mankind spun
Potential into pall?

Tomorrow I will not be
The person that I am today.
Years now past cannot return
Rewind, repeat, replay.

Come then Janus's face,
Come then year anew,
With fate, hope, and chance
Random in the queue.

Midnight revolves the mirrored-glass
On time's one-way door.
I rest renewed, awake reborn
A grain on God's eternal shore.



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